## **Hermetic Angel Messages**

PDF version

### DANCE!



The Moon Angels of Ecstasy and Dance

Angels of 'E-T-S-A-Ch-E-Y-E'

20th Day of Lunar Cycle

A-B-N-E-H-A-J-A'

using Stejnar cipher



#### Beloved,

All of the beings and angels of the moon sphere serve in the realm of flowing tangible feelings in the body,

they serve in the reality of emotions and magnetism.  $\mbox{ As you know,}$ 

the key to beautiful manifestation
on the physical level
is mastery of wonderful FLOWING TANGIBLE FEELINGS,
FLOWING, FLOWING, FLOWING.

## How better to flow with majestic emotions than ecstatic dance?

Dance! Dance! Run and leap with joy!

Emotions are the water element, and water and emotions purify themselves by flowing, flowing, flowing.

Dancing allows emotions to flow strongly and safely, and heighten the positive beautiful feelings,

and not cause more trauma and painful feelings by the wounded ones being acted out destructively,

to others, self, or creation.

If you are feeling sadness, fear, or any of the other painful emotions, dance them safely into expression also, instead of squelching them, or acting them out destructively.

Millions of sentient beings feel emotions of all kinds,

and by dancing even the painful ones, you connect with all others feeling these feelings,

and help yourself, and them, process these feelings back to health,

in safe and constructive ways.

"One good person can save a city of ten thousand, and ten can save the world."

# When meditating, go within, find your divine center essence,

## imagine the beautiful world that you wish to attract into manifestation

## and DANCE!

Emotions are divine energy flowing in ways that create magnetism.

Energy flowing in magnetic ways pull wonderful realities out of the quantum field, so that
the LAW OF ATTRACTION pulls together beautiful realities out of the infinite possibilities of the quantum field in Divine Mind.

EMOTIONS OF ECSTASY are keys for heavenly states of being upon the Earth.

On the 20th night of each moon cycle, we inspire the children of God to visualize in their imaginations

the realities that they wish to manifest, and dance Dances of Ecstasy.

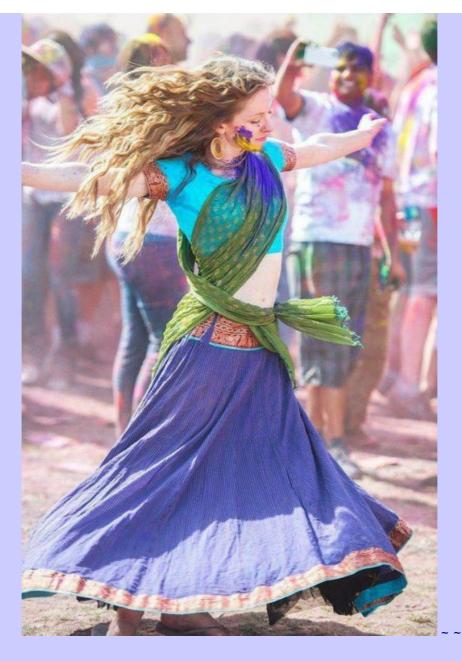
This permits the proper flow of rhythmic magnetic flowing divine emotional energy

to build up tremendous magnetic power,

to heal the chackras in the body and attract permanent conditions of Heaven on Earth for one and all.

As this is done on a regular basis, the manifestation of Heaven on Earth is both magnified and held stable.

Suggestions for ecstatic dancing are as follows:



Dance anytime anywhere,

and discover especially the magic of dancing under the moon in natural surroundings

with sounds of nature joining in as music.

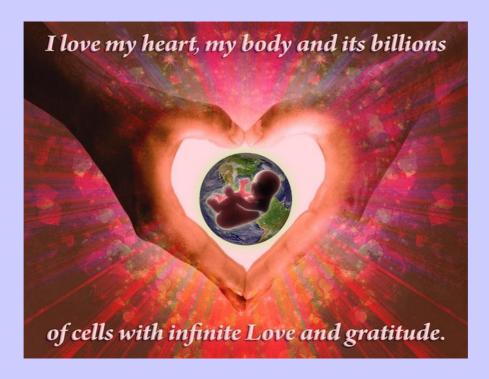
Bugs singing, beating surf, wind rustling the trees, birds calling, and rivers flowing, all the sounds of nature, enter the ear and stimulate the production of certain glandular chemicals for ecstasy.

Additional music is wonderful, especially if the music is composed of notes in the pentatonic keyscale.

These are the black keys on a keyboard.

These oriental notes stimulate the parasympathetic nervous system. The parasympathetic nervous system corresponds to the inward state of meditation and attunement.

If the white keys are used, then use only the white keys, the diatonic key scale, and do not mix them with the black. In this way the sympathetic nervous system is stimulated to attune to divinity in the outer world.



Keep light natural or low at night.

At night, dim light, such as starlight, moonlight, and candlelight or firelight allow the body to produce melatonin, which is an important body chemical for ecstatic dancing.

Bright artificial light inhibits the production of melatonin. Melatonin is necessary for youth and for deep restful sleep.

Dancing alone is as sacred as dancing in a group. Both are extremely powerful for attracting Heaven on Earth.

If you are dancing in a group, allow everyone to dance, including children and old people.

Those who are disabled dance in whatever way they can, even if it is only in their imaginations, or by tapping a finger or swaying their heads.

Group dancing in a circle is very powerful.

Steps to the dance and body movements are unique to each person,
as they find their own alignment with Universal Rhythms.

Dancing with eyes closed much of the time is helpful
to some people in order to maintain inner focus on the desired imaginations and
visualizations of the realities

In the time of Heaven on Earth, each community or tribe often has a permanent dance circle in a beautiful place.

A fire burning in the middle of the circle helps the optic nerve stimulate the pineal, pituitary, and hypothalamus with flickering firelight.

This deepens trance states.



If your community builds a covered space for ecstatic dancing, round shapes with a dome or pyramid roof with a skylight to let in the natural moonlight works well.

If the roof is a pyramid, be sure to align it to true north.

Use natural earth, stone or wood for floors, or natural fiber rugs, and keep everything as beautiful as possible.

Art, symbols, gently billowing cloths, and plants reflect higher qualities; as it is written,

"As above, so below".

If you are dancing in a square or rectangular space, transform it into a circle as much as possible with hanging cloths, pillows, screens, furniture, or plants,

The circle anchors powerful healing energy.

The sound of flowing water is magical.

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The key to ecstatic dance is flowing wonderful emotional focus in attunement with Divine Virtues, such as love, faith, enlightenment, grace, happiness.

This stage of the moon cycle is one of reaping what one has sown during the first two weeks, so flowing emotions of gratitude, resting, accomplishment, security, satisfaction, and happiness are natural.

Powerful ecstatic flowing emotions of gratitude and happiness generated during the dance strongly attract ecstatic conditions into the Earth realm.

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In any place, at any time, it is possible to create in your imagination the seashore with crashing surf, calling birds and blissful wind; deep in the forest with singing bugs, hooting owls, and laughing rivers; or a mystical cave overlooking the desert with flickering firelight; or a beautiful round temple filled with objects and symbols of divine perfection.



When you meditate on the divine virtues associated with the letters of our name, and call upon us, the following is gained:

We spiritualize matter, and with our aid and instruction it is possible to dynamize thoughts and emotions to take on a life of their own.

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We help seekers apply mystic rituals and practices to gain mastery over the elements,

S

in order to gain perfect control over other people and evoke clairvoyance and the gift of prophecy for the highest good of all concerned.

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### A and umlaut A (ae)

We inspire the children of God to be in tune with wisdom of the most profound truths, coming through magical exercises, dance, and ritual.

...and to release all imperfection in being, desire, thought, emotions, and form.

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removes obscurity and awakens clarity.
$oldsymbol{E}$
These dances of ecstasy awaken intense cosmic
love,
<b></b>
$m{Y}$
inspiration,
<b></b>
$oldsymbol{E}$
and intuition which taps into the original
rhythms of life.'

The rhythmic magnetic pulsation of Ecstatic Dancing every 28 days, on the 20th day of the moon cycle, attracts good health, weather, crops, and blesses every aspect of consciousness and form on Earth.

As the children of God attune to the natural rhythms of Divine Mind in manifestation, this act is given priority for the health, well being, and protection of all on this day of each moon cycle.

Performing ecstatic dance on the 20th day of each 28-day moon cycle is one of the most important rituals for the establishment and maintenance of Heaven on Earth.





Names, phrases, or sections, are quoted or paraphrased from the books of Franz Bardon, [The Practice of Magical Evocation ISBN 3-921338-02-6 and The Key to the True Quaballah, ISBN 3-921338-13-4]. Publisher is Dieter Ruggeberg, Wuppertal/W Germany. These books have detailed information on the meanings of the letters on all four levels of will, mind, feeling, and form, and all of the beings of the zodiac.

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May happiness bring miracles of love.



Together we are One, Sharing love and light in ever-expanding Harmonic Waves of Pure Being.

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LANGUAGE OF COSMIC LOVE, A - Z

Love Brightens the Day, Love Lights the Way