

Hermetic Angel Messages

PDF version



25 degrees Libra

The Angels of Sexual Transmutation

Also known as

The Angels
of
Haiamon

Beloved,

**At the time when sexual energy is at the forefront of attention,
and so many are praying for Heaven on Earth,
we reveal ancient skills for directing and perfecting
sexual energy.**

**Enlightened sexuality is revealed,
in the original purity of all ideas in divine mind,
to mystically transform reality.**

**Divine positive states of being,
desires, thoughts, emotions and sensuality,
experienced during sacred sexual focus,
attract heaven into physical manifestation
within the body and also in the outer world.**

**The heart is the first organ to develop in the womb,
and has an energy field over 5000 times stronger than the brain.**

Divine Love, or plasma, is generated within and through the heart.

**By uniting the head with the heart,
intentions become all powerful.**

**Sexual energy that is united with the plasma of the heart
becomes a transformational catalyst of victorious miracles of love.**

***Uniting the sexual aspect of awareness with the heart
and the head
results in divine awareness that is an important key to
miracles.***

**The three energy centers, or chakras,
with their corresponding glands,
that are below the heart,
through true divine love,
join with the three energy centers above the heart.**

**We inspire sexual energy
brought into the highest and most perfect expressions.**

**Spiritual enlightenment reveals that sexual energy,
properly directed,
manifests youthening and supreme happiness.**

**We inspire the mastery of sexual energy
so that the body and consciousness
are spiritualized, enlivened and uplifted.**

**When one is helped, all are helped.
Divine sexuality is a powerful healing and transformational agent.**

**As you know, emotions are magnetic,
and attract new realities,
out of the infinite possibilities of the quantum field.**

**This is why one of the most important reasons that painful
emotions
should be healed on an ongoing basis between partners
before sexual orgasm
is so that the explosion of sexual energy in the seven chackras
electrically creates
and
magnetically attracts**

positive results for the entire web of life.

Sexual energy catalyzes emotions into powerful magnetic impulses that attract realities into physical manifestation out of the infinite potential of the quantum field.

There are many techniques to heighten, direct, and spiritualize sexual energies into rapture and ecstasy that are our delight to open up to those who call for our help.

We have helped the Children of Light transmute sexual energy INTO HIGHER STATES OF CONSCIOUSNESS since the beginning of time.

We inspire through intuition, and guide people to books and teachers, who explain how to master sexual energy through focus and intent, breathing and dialogue, meditation, emotional release and other spiritual attunements.

When sexual energies are directed through intent, visualization, breath, emotions and attention etc. upward along the spine, different ganglia and glands are stimulated in its path.

As these glands are stimulated, they produce natural ecstatic consciousness-altering and healing substances that are a thousand times more powerful and safe than psychoactive substances obtained from other sources.



Travelers on the spiritual path to spiritual perfection have made use of this knowledge since ancient times to attain enlightenment, youthening and bliss.

**Whether you are alone or in a sexual relationship,
we inspire you to direct sexual energies for physical vitality,
emotional healing and ecstasy,
creative inspiration, intellectual enhancement
and strong spiritual connection to Divine Consciousness.**

**In sexual contact, we inspire the understanding of electricity and
magnetism
in the chackra system of man and woman.**

**The bottom chackra, the third chackra, the fifth chackra and the
seventh chackra
are electric in male, and magnetic in female.**

**The second chackra, the fourth chackra [heart],
and the sixth chackra [third eye] are electric in female and
magnetic in male.**

**By using hands and attention to touch different chakras of the
partner to open
and make complete circuits of energy, scalar waves are produced.**

**Breathing exercises combined with visualizations of pure colors
and flowing emotions of divine virtues are useful as well.**

**We inspire the transmutation of sexual energy
by coming close to orgasm several times in a row without climaxing.**

**Each time you "come close" to orgasm
without going past the "point of no return" by briefly pulling
back and letting the energy subside and then continuing,
sexual energy is pushed up the spine
and rises to the next higher chakra and ganglia of glands.**

**For example, sexual energy in the first chackra will move to the
second, or relationship chackra,
then the solar plexus energy will move next to the heart chakra.**

**Allowing the energy to orgasm at any level, such as the heart
chakra,
opens up mystical revelations of that level of awareness.
It is wise to allow the sexual energy to energize the powers of the
heart,
since the tube torus energy field of the heart is by far the most
powerful chakra.
It is over five thousand times stronger than that of the brain.**

**Remember that love conquers all, and love shines and is received in
the heart.**

**The heart is the first organ to develop within the womb,
and is actually the original brain of the human body temple.**

**The combination of holding energetic focus, clear intent,
appropriate
visualization, and attunement to divine emotions,
so that sexual energy is uplifted, transmuted and progressively
refined,
sexual energy awakens enlightenment and beauty.**

This kundalini energy will heal and stimulate each chakra of the

body,
one at a time as it moves up the spine.

In other words, if you desire to stimulate the fourth ganglion, the heart chakra, corresponding to the thymus gland, orgasm is withheld four times, until the fourth peak of sexual energy.

At this level (the heart chakra) the concentration is on flowing with loving emotions with visual imagery that enhances loving feelings.



Loving feelings are the appropriate concentration at the level of heart.

Likewise, any negative emotions should have first been cleared which would have interfered with the flow of loving "heart" feelings.

For this reason, at each level, or chakra, mutual understanding and healing should occur with important agreements shared between partners *before* engaging sexual practice.

If there are blocks in any chakra, or major lack of agreement, the sexual energy will not be able to flow upwards past this point.

It is wise for men to learn to orgasm without ejaculation, unless they desire impregnation to birth a child, as this recycles important nutrients into a type of cerebro-spinal fluid.

This is the ability to let the sexual energy build almost to the point of orgasm, then backing off.

This ancient technique of ejaculatory self control is a special type of mastery that can be perfected through practice.

The key is for the man to learn to stop pleasurable movements just prior to the "point of no return" and pause long enough for the near climactic peak to subside, before resuming love making.

With practice, at the appropriate time, an orgasm or climax will

occur without ejaculation.

This specialized restraint and mastery of emotions are important in harnessing powerful sexual urges for the purpose of spiritual sexual transmutation.

Remember that thoughts are rational, but emotions are not.

Emotions work according to different principles than thought.

Emotions are compressed information, like zip files, and are experienced to reveal the wisdom of the heart, a wisdom that has more dimensions and is different than the concepts of the mind.

In mastering emotions with a partner, remember that emotions are not rational and should not be subjected to the rules of thought and logic, instead they should be felt, experienced through unconditional love and gratitude.

Trying to rationalize emotions inhibits their flowing, and moves the energy from the heart to the head.

Intellectualizing emotions cuts them off and the wisdom that can be gained from even the most painful ones goes unnoticed.

Giving thanks for difficult or confusing emotions instead of fearing them or acting them out destructively heals them.

Healing painful emotions restores the ability to magnetize high states into physical expression.

We inspire the remembrance that sexual energy energizes emotions, which is why it is so important to experience positive emotions in a sexual relationship.

Emotions are compressed information that determine which realities manifest out of the quantum field of infinite possibilities.

Remember that thoughts work through theta brainwave states in the imagination, and beta brainwave states in the five senses and in linear logic.

To experience the theta brainwave inner focus, relaxation and ease are necessary.

Emotions work through the dreamy Alpha Brainwave State of flowing and change.

Each state has its own laws of process.

Denying, suppressing, or bypassing negative emotions buries them in the subconscious where they continue to unconsciously attract negative results.

**Like impure water, negative emotions are designed to heal through
flowing
safely in an atmosphere of empathy and love.**

**In flowing with emotions, the ancients used back and forth eye
movements
like the body generates nightly during REM sleep.**

**Healing emotions using eye movement mimics REM sleep
that occurs naturally in the dreaming process
and spontaneously produces insights as feelings flow.**

**These insights heal negative beliefs that have been associated with
negative emotions.**



**Allowing oneself thus to "flow" with negative emotions in an
atmosphere
of unconditional love and gratitude for the wisdom gained from
them,
ultimately transforms negative emotions into positive feelings,
images, and thoughts.**

**When negative emotions arise in self or others,
thank these powerful emotions
and also appreciate and
the wounded inner self that generated them.**

**Thank these emotions and the inner wounded self that is causing
them
for the lessons learned and wisdom gained,
and thank them for trusting you enough to reveal themselves**

**Then, with empathy and a mantra of gratitude and love,
let these emotions flow until they naturally heal.**

**Using techniques that quickly heal wounded emotions
to make them go away may bring about good
results in the short term,
but there is a danger of not integrating deep lessons and wisdom
that these negative emotions and traumas offer.**

**These lessons and wisdom are often why the higher self
allowed the emotional wounding to occur in the first place.**

***The more negative emotions are healed before engaging
in sexual
expression, the more spiritually and emotionally
successful sexual expression will be.***

**When emotions are positive, flowing with them enhances and
strengthens them.**

**It is important to take as much time as necessary to
share emotions and feelings,
to help each other heal emotional wounds,
and explore and cherish
the wondrous ecstasy of falling in love.**



H-A-I-A-M-O-N

H. This letter represents the Power of the Word.

This virtue of The Power of The Word is the out picturing of divine virtues into being, will, visualization, intellect, feeling, and sensation, then into form.

The sound of each letter represents a divine virtue.

The ancient language is the use of each letter so that the entire brain is utilized.

In learning how to transmute sexual energy, this virtue is of paramount importance, because the mind and feelings must be focused on specific divine qualities, states or creations that one wishes to stimulate in self and other.

Different chackras, or glands, respond to different divine virtues.

By using The Power of the Word, the specific desired neurotransmitters and other powerful psychoactive chemicals are produced in the body.

In using the Power of the Word, a child of Light and flowing love

learns
to understand how Divine Providence created everything.

A... The sound of this letter, a soft A like a sigh,
is the sound of the highest wisdom and illumination
that can be lavished upon a human being.

*The purpose of sexual transformation
is to achieve complete mastery of consciousness,
enlightenment, and divine rapture.*

*When the body is flooded with these states of
awareness,
mystical healing on every level is experienced.*

The color is light blue, the musical note is G,
the sensation is ease since it is the element of air, and the lungs
are formed by it.

Mastering this virtue in meditation gives clairvoyance,
clairaudience, eloquence, artistic and musical gifts,
and the control over the element of air.

We awaken mental acuity in the seeker, ingenuity, the ability to
grasp
high abstract and enlightened new information
very quickly and easily, and flawless mental functioning.

Then all imperfections are released [umlaut A, ae]
to Divine Being for transformation into another state
that is the highest good of all concerned.

*

I The sound of the letter I is the Divine Virtue of Cause and Effect,
which represents the law of evolution of everything.

This law gives the understanding and mastery of the akasha, or
subtle pre-matter principle.

The sensation of akasha is 'God-penetrating-all.'

The understanding of cause and effect
also enables the perfection of memory and conscience.

Because all life is connected as a unified field of energy, whatever is
willed, thought, felt, or done
have repercussions throughout the entire web
of life, both inside the microcosm which is the human body or the
macrocosm,
which is the outer universe.

*This also has profound repercussions on any child
that is brought into manifestation.*

"As above, so below."

Whenever a person focuses on and creates a divine virtue,
the entire body and the kingdom of heaven,
and indeed all of life, responds accordingly.

What is sown is reaped.

The letter I with its light opalescent color, representing the law of
cause and effect,
is the spiritual essence of the left kidney.
This virtue is of the earth element, so it has the sensation of weight.
The musical note is G.

When this second A is pronounced umlaut A, ae, Long A.

The realization of wishes regarding physical matter is subjected to
this virtue.

The sound of this letter, the long A, ae, in the cosmic language is
the
virtue of the origin and mystery of life and death regarding their
transformation.

By meditating on this virtue, a child of God becomes
convinced that in reality death does not exist, for the so-called
death
is only a transformation from one state into another.

Also will come enlightenment on the cause of this transformation.

With this comes the ability to master all negative spiritual beings in
all spheres and planes
with regard to their scope of action.

The purpose for which negative beings have been created becomes
clear.

Since, in the original principle all beings are alike,
each having been created by Divine Providence to fulfill a certain
task, there is no
dissimulation of negative beings,
for from the enlightened person's point of view everything is pure.

Here the saying: "to the pure one everything is pure" becomes
plain.

If there were no negative beings, it would be
impossible to distinguish between good and evil; and if there were
no passions,
there would also be no virtues.

This virtue confirms the words contained in the Bible: "through
night to light",
the deep symbolic meaning of which now becomes clear.

In the intellect the ability is gained to
'see through all thoughts, actions and wishes concerning matter,
and of becoming their absolute master'.

In the feelings, this virtue represents desires, passions,
and the inclination to self-satisfaction etc.

A person who masters this virtue in their feelings becomes absolute
master
and ruler of all desires and passions.

Also, a person is able to not cling to imperfect
mental, emotional, and material values and objects.

This means complete independence and freedom and fulfills the
saying

"bind yourself and you will be free".

On the material level this virtue is one of the most materialized.

**No matter whether you evoke it in the mind, the feelings, the
akasha, or the material world,
the earth is influenced by it to a larger extent.**

The ability to infuse matter with divine virtues is heightened.

**The color of this virtue is loamy brown. The musical note is C.
The element is earth so it has the sensation of weight.
The anus is formed from this virtue.**

M The letter M represents the divine virtue of FEELING.

**This virtue is the magnetic Feminine force of the Universe
that attracts energy into form on the material plane.**

**Everything in nature was formed through the magnetic power of
divine emotions.**

***To master sexual energy one must have the ability to emotionalize
strongly
the previously visualized desired divine states and qualities.***

**The color of this virtue is the most beautiful blue-green imaginable.
The
musical note is D. The element is water so it has the sensation of
coolness.**

The abdomen is formed from this virtue.

**Umlaut O, eu By seeing through the eyes of the most profound
cosmic divine love,
indwelling perfection is revealed and enlivened in whatever is seen.**

**O The sound of letter O is the sound of the initiation
into the original principle of divine justice.**

**Mentally you will be able to give expression to the absolute legality
of harmony
in all four basic qualities of the elements.**

**Intent controls thought and thought controls emotion.
Emotion controls earth.**

**You will have a high power of judgement and the ability to
comprehend spiritually any legality,
any interference by Divine Providence for the sake of justice.**

You will never be able to condemn anyone unjustly.

**This brings about the abilities to create any change in the emotional
situations that you find yourself in and to have absolute success
and happiness on all levels.**

**This virtue has an ultramarine blue color, the musical note of C,
and is the earth element so it has the sensation of weight. It forms
the throat and windpipe.**

N This sound is the sound of supreme happiness and fulfillment.

**The transmutation of sexual energy into powerful ecstatic states of
consciousness**

and being is a key to attaining this state.

**This virtue gives control over the mental matrix,
which is the spiritual bonding material that connects the emotional
body
to the mental body, i.e., to the spirit.**

**The mastery of this virtue reveals to the child of God all the
mysteries relating to the mental matrix
and bestows the ability to comprehend, see, sense and control,
the mental matrix with its sphere of action,
either in regard of self or others.**

**The color is dark red, the musical note is A,
it is of the water element of feeling so it has a cool sensation.
The liver is formed from this virtue.**



MIRACLES

ADVANCED MEDITATION ON THE DIVINE VIRTUES AND THE ELEMENTS IN THE BODY

***In this particular exercise for energizing and enlivening the physical
body
using the divine virtues one after another,
some of the elements
that are assigned to the divine virtues are different than what has been
stated before.***

***Wherever a difference occurs, a notation has been made in the
following list.***

Background :

***Studied singularly one at a time, all of the divine virtues are practiced in
being,
will-visualization, thoughts, emotions, and sensations.***

***This means that all of the divine virtues are practiced in all four
elements, or brainwave states,
because being and will are the akasha- fire element, thought
is the air element, emotions are the water element and sensations are
the earth element.***

***The four elements correspond to the four brainwave patterns of the
human brain;
Delta-pure being and will,
Theta-deep inward thoughts,
Alpha-feelings and psychic sensitivity, and Beta-logic, memory, and the
five senses.***

Different brainwave patterns correspond to different parts of the body.

*This fourfold concentration of the elements for each divine virtue forms
the basis of The Power of the Word
and the harmony of all visible worlds.*

ADVANCED BODY EXERCISE FOR THE VIRTUES AND THE ELEMENTS

*In previous exercises, a person has learned to apply the colors of the
divine virtues inductively
into the whole universe from his own body and
deductively from the whole universe into his entire body
through the pores of the skin with each out and in breath.
Be sure to keep the rhythm of the breath natural in all exercises.*

*In this exercise a person conducts the colors in the same way, but into
the
different regions of the body, taking into consideration
an analogous relationship to one of the four elements.*

*In this particular advanced exercise, due to certain analogous
relationships
to one of the four elements,
some of the virtues are practiced differently
than in previous exercises, as stated in the list below.*

*Starting with wisdom and enlightenment, the letter A, a person
pronounces
the letter intellectually into the chest region and imagines it to be
therein a light blue color.*

*Having imagined it to be in the chest for a longer period,
he or she then resolves it again by imagination.*

*He or she must have the impression that the light oscillation of the blue
color
has completely disappeared from the chest.*

*In a further exercise, when a person starts to speak the A in the mind
and to invoke the light blue oscillation in the chest,
whenever pronouncing the A in the mind,
the light oscillation of the blue color will be INTENSIFIED in the region
of the chest.*

The power of expansion will increase from exercise to exercise.

*All of these exercises should not affect the breath, they must not make a
person
try to hold up the breath at the moment of accumulation.*

A person will be overcome by this temptation only at the beginning.

*Later, when he or she has got used to evoking dynamics of whatever
type inside or outside of the body,
obstructions like irregular breathing or undesirable muscle tension will
not occur anymore.*

*After having condensed the A in its light blue color to a point where it
resembles a pneumatic tire pumped full, he or she makes it resolve
again
in the universe by pronouncing and imagining it.*

*Failure to resolve or dissolve the colors at the end of each exercise
may result in disharmony of the body.*

*As this exercise is mastered,
a person passes on to no longer getting the light blue color of letter A
into the chest
by breathing it in through the mouth or nose,
but through the circumference of the chest region,
similar to breathing through the pores by using the imaginative faculty.*

*The person must be capable of drawing any letter into the respective
region of the body and emitting it again, inductively and deductively,
in a simple or condensed state.*

*These exercises have to be repeated until such a proficiency is
achieved
that a person can do this with effortless ease.*

Use this procedure with each letter:

*Awisdom and enlightenment; light blue seen as a tiny sun in the lung
region filling the chest,
air element with a sensation of ease*

*Umlaut A, ae...transformation: loamy brown seen as a tiny sun in the leg
region
filling this region from the coccyx to the feet,
earth element with a sensation of weight*

*Buniversal life and polarity; violet light seen as a tiny sun in the
abdominal region,
water element with a sensation of coolness that turns to iciness*

[previously stated as an earth element]

*Cspiritualization of matter; vermilion red blazing light seen as a tiny
sun in the head region
filling the entire head,
fire element with a sensation of warmth and expansion*

*Dmysteries of creation; dark blue light seen as a tiny sun in the leg
region,
earth element with a sensation of weight*

[previously stated as fire element]

*Eomnipresence of Divine Consciousness; dark violet light
shining from a tiny sun in the head region,
fire element with a sensation of expansion and warmth*

[previously stated as akashic element]

*Fthe legality of harmony in all visible worlds; light green light shining
from a tiny sun in the abdomen,
water element with a sensation of chill*

[previously stated as earth element]

*Ggrace and mercy; emerald green color shining from a tiny sun in the
leg region,
earth element with a sensation of weight*

[previously stated as water element]

*Hthe Power of the Word, silver-violet light shining from the abdominal region,
water element with a sensation of chill*

[previously stated as fire element]

*Chpurity and perfect clairity; violet light shining from a tiny sun
between abdomen and chest,
in the so-called pit of the stomach or solar plexus.*

*This region is also called the medial section and forms a sort of
intermediate region.*

Akashic element with a feeling of consciousness-penetrating-all

[previously stated as water element]

*ICause and Effect; opalescent light in which light hues are dominating
shining from a tiny sun in the leg region, see this color especially in
both feet,
earth element with a sensation of weight*

*JCosmic love; opalescent light with darker hues dominating,
shining from a tiny sun in the leg region,
earth element with a sensation of weight*

[previously stated as water element]

*Komnipotence as a quality [as opposed to omnipotence as a quantity
letter S]; silver-blue light shining from a tiny sun in head and chest
region,
fire and air elements with sensations of warmth and ease.*

[previously stated as only fire element]

*Lall the divine virtues taken together forming the splendor and majesty
of the Divine,
and giving vitality and immortality; dark olive green light
shining from a tiny sun in the lung region, with a sensation of relaxation
and ease.*

*Memotion, flowing, fluidity, love, change; blue-green light shining from
the abdominal region,
water with a sensation of coolness turning to iciness*

*Nsupreme happiness; dark red light shining from a tiny sun in the head
region,
fire element with a sensation of warmth and expansion*

[previously stated as a water element]

*umlaut O, eu...cognition brought about by love divine; dark orange light
shining from a tiny sun in the head region,
fire element with a sensation of warmth and expansion*

[previously stated as akashic earth]

*O*harmony and justice; ultramarine blue light shining from a tiny sun in the head region,
fire element with a sensation of warmth and expansion

[previously stated as earth element]

*P*urge for spiritual perfection and unity with the divine light;
dark grey light shining from the leg region,
earth element with a sensation of weight.

Q...not considered a separate letter in Quaballah...this is the sound of *K*
combined with *U*

*R*freedom and independence and following inner guidance; golden light
shining from a tiny sun in the medial region between the pit of the
stomach and the abdomen,
and then from the abdomen, element of akasha with the
sensation of consciousness-penetrating-all
and then element of water with a sensation of coolness.

[previously stated as earth element]

*S*omnipotence as a quantity [as opposed to a quality letter *K*]; purple
red
light shining from a tiny sun in the head region, like letters *C, E, K, N, O,*
and umlaut *O*, fire element with a sensation of warmth

*S*choriginal omnipotence, combining quality and quantity;
blazing red light shining from a tiny sun in the head region,
fire element with a sensation of warmth

*T*high inspiration; dark brown light shining from a tiny sun
in the leg region like letters umlaut *A, D, G, I, J,* and *P,*
earth element with a sensation of weight

[previously stated as fire element]

*U*the ongoing effects of the act of creation; shining lack light shining
from a tiny sun
in the medial section between the pit of the stomach and
abdomen, then in the leg region,
element of akasha with a sensation of consciousness-penetrating-all
and then element of earth with a sensation
of weight

[previously stated as akashic element only]

*V*not considered a letter in Quaballah, sounds like *F* most often, or *W*

*W*unification of consciousness; lilac light shining from a tiny sun in the
medial region and then chest, akashic element
with a sensation of consciousness-penetrating-all and then air element
with a sensation of ease

[previously stated as water element]

**Y*...rhythms of life; pink light shining from the head region,

*fire element with a sensation of warmth like letters C, E, K, N, O,
umlaut O, S, and Sch*

[previously stated as etheric earth penetrating everything]

*Zhiger intellectual faculties; light yellow light shining from the chest
region,
with a sensation of ease, air element*



Footnotes

The names and meaning of angel groups come from Quaballah,
which is a very ancient set of teachings which together form a common precursor, or root,
of three of the world's religions:

Judaism, Islam, and Christianity.

Each degree of the zodiac is ruled by a high being of the heavenly host in the zone girdling the
earth,

and the angels who work with him or her.

The being and the angels share the same name.

This name is a key to their powers and influence.

Names, phrases, and sections, in the angel messages are quoted or paraphrased from the books of
Franz Bardon.

Information of the heavenly hosts of the zone girdling the earth
is referenced from THE PRACTICE OF MAGICAL EVOCATION, ISBN 3-921338-02-6,
and Information of the divine virtues and the letters
are referenced from THE KEY TO THE TRUE QUABALLAH, ISBN 3-921338-12-4].

Publisher is Dieter Rüggeberg, Wuppertal/W. Germany.

These books have very important information for these studies.

The book "Initiation into Hermetics" ISBN 3-921338-01-8, is a preparatory book for the others.

Franz Bardon's last autobiographical book,

"Frabato the Magician", gives historical background

and was compiled by his German publisher from notes written by Franz Bardon.



Feel free to share these messages.

The Law of One is the original law of Creation, and is the supreme Law over all laws in all dimensions.

THE LAW OF ONE

We are all one.
When one is harmed, all are harmed.
When one is helped, all are helped.
Therefore, in the name of who I AM, and I am one with all there is;
I ask that **ONLY THE HIGHEST GOOD OF ALL CONCERNED** happen .
I give thanks that this is done.

SO BE IT!
So it is.



To unsubscribe from the angel messages,
please go to yahoo.com, click on groups, type in spiritusangelmessages in search engine, and click.
You can then manage your subscription, choosing unsubscribe, or no emails but still having access on the web.

You can later choose to go back to receiving emails at any time.

If you are in another group, go to that group and do the same.

If you are receiving these from private lists, click on reply and say you no longer wish to receive the angel messages.

If you are receiving them from a friend, let that friend know that you no longer wish to receive the angel messages.

This prevents them being seen as spam.

Love brings miracles of happiness.

<http://groups.yahoo.com/group/SpiritusAngelMessages/>

<http://groups.yahoo.com/group/lovingpurelove/>

