

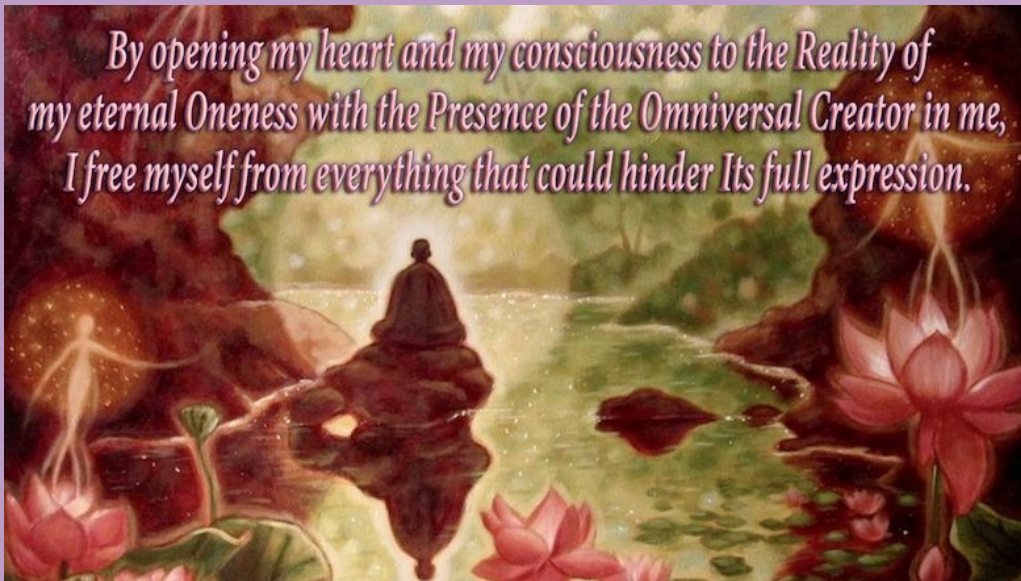
Hermetic Angel Messages

PDF version

*WE
dance,
and sing,
our deepest
and most fond
true inner dreams
for heaven on earth
for ourselves and all life.*

Consciousness expands and the dreams of the heart awaken.

26 degrees Leo



The Angels of Materialization

Also known as

The Angels of

Pagalusta

Beloved,

There comes times
in spiritual individual journeys
for reclaiming such mystical powers
shown throughout the ages by masters
for purposes of grace and mercy and the majesty of divine truth.

When the longing for unity with Divine Light is strong enough,
a person realizes that is not enough to study miracles in books alone,

or to only worship those who have gone before and mastered them.

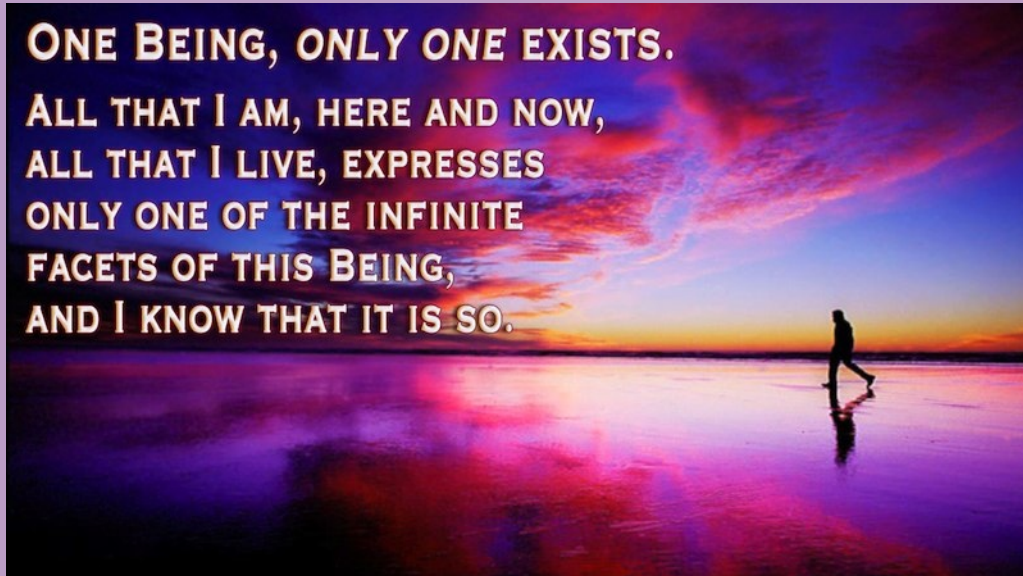
"All that I do, ye shall do and more."

We assist at this point.

As a person is ready to understand and apply the ability to materialize
and de-materialize
either desires, beliefs, emotions, or objects, or even physical bodies
for self and or others,
we assist.

Remember that all of five elements are populated by intelligent beings.

These beings are experienced and united in deep meditation
in which a person experiences sacred unity,
with divine being,
and all in creation.



In those meditations in which a person feels one with all,
and one with all beings and elements,
others cease to be related to as separate, and instead become one with
self.

IN THIS WAY,
they,
as you,
out picture visualized images
you create in their
respective planes.

Because this ability is based on the unity of all being,
everything is done according to The Law of One.

The Law of One is the original law of Creation, and is the supreme Law
over all laws in all dimensions.

THE LAW OF ONE

We are all one.

When one is harmed, all are harmed.

When one is helped, all are helped.

Therefore, in the name of who I AM ,

*And I AM one with ALL there is;
I ask that only THE HIGHEST GOOD OF ALL concerned happen.
I give thanks that this is done.
SO BE IT!
So it is.*

The following are the beings of the elements.

**The beings of Akasha
are beings of omnipresence.**

**Akashic beings experience themselves as one with all there is on every
level and density,
and with all qualities and quantities of Divine Being.**

**The beings of Fire are beings of Will, desire, intent, faith, courage, and
visualization.**

**Beings of fire enliven visualizations of what is being desired from the
previous state of unity with all.**

**These fiery visualizations are holographic blueprints
that inform other elementals.**

**The beings of Air are beings of thoughts, ideas, and concepts
concerning these blueprints.**

The beings of Water are beings of flowing emotions of these blueprints.

**The beings of Earth are beings of sensations, of lengths, widths, depths,
and weights
of these blueprints.**



**Each being of each element is a conscious individual
that plays its part as a builder in the symphonies of Creation.**

**Loving recognition and communication with these beings,
and with all creation, and all heavenly hosts is a key.**

**We give initiations of true divine wisdom
that reveal the original purity of all ideas in Divine Mind,**

so that thoughts, concepts and ideas are the highest good of all.

Perfect unity of will, visualizations, thoughts, emotions, and sensations, among all beings of creation working as one through a person occurs.

On paths of materialization of visualizations of
abundance of Divine Perfection,
heaven manifests easily on earth
through changes in the cycles and rhythms of life.

In rhythms of astronomical cycles,
unusual and huge bursts of light are
emerging from the supermassive black hole in the middle of
the Milky Way Galaxy.

Light waves become light particles in the pineal gland,
known as the third eye.
*"Keep your eye single,
and the body shall be filled with light."*

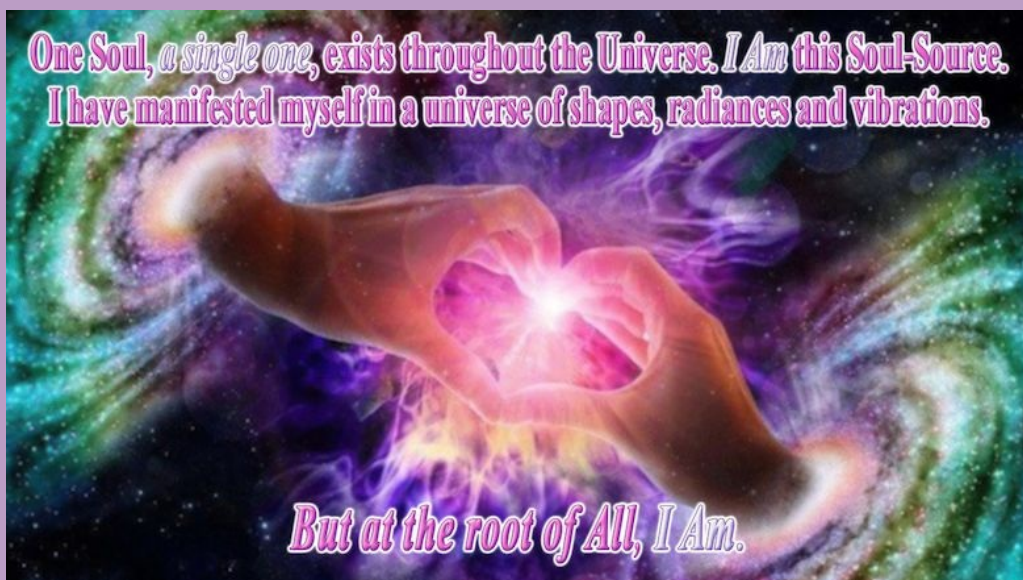
The pineal gland unpacks these photons
and secretes powerful consciousness changing chemicals into the body.

Go within and focus on this eye of imagination.
Listen to love awakening within the heart.

The heart is the most powerful chackra, a tube torus field of energy
of emotional unity with all there is.

As a child of God discovers the five elements that manifest through
the four brainwave patterns within self,
and uses these in meditation of divine virtues
and visualized creations,
it is possible to materialize or dematerialize whatever inner guidance
directs.

It is possible to manifest many miracles in the microcosm
of the individual self and also in the outer world, the macrocosm.



Many of the miracles reported in history

are those of materializations and
de-materializations of objects,
emotions, beliefs, and desires,
with instances of physical bodies being transported
over great distances.

Sometimes materializations or dematerializations are necessary for
purposes of protection
or perhaps giving blessings and abundance to others.

Remember that it was written that there was the feeding of the
multitudes from a few loaves of bread and fishes.

When Lazarus was raised from the dead, his decayed body was
dematerialized and his perfect body re-materialized.

We also instruct in other mystical faculties.

As seekers become ready to learn how to do these things,
we inspire great longings for spiritual perfection,
which is the Divine virtue of letter P.

This virtue enhances desires for self preservation in self and others.

Then we help with enlightenment,
realizing the original purity of all ideas in Divine Mind.

Enlightenment grows, awakening mystical powers such as clairvoyance
and
artistic talents [*the virtue of letter soft A*].

This in turn leads to recognizing and releasing limited states of being,
desires,
beliefs, emotions, situations, or sensations
that are imperfect,
for changes into other states that are the highest good.

This recognition and release gives control over negative beings.

This is the meaning of letter umlaut A, ae.

The next step is discerning in the akasha principle of all
spheres and planes,
the profundity of Divine Grace and Mercy in all of their aspects.

This is letter G.
This is true Divine Blessing.

This virtue is of the Alpha brainwave state of flowing Divine Emotions.

One of the reasons children of light incarnate into situations
involving emotional trauma
is to learn immense amounts of information through painful emotions
about what does and does not create happiness and life.

By transforming and transmuting painful emotions,
pathways of healing are shared with the unified field.

*"One good man can save a city of ten thousand,
and ten can save the world."*

Emotions and tangible feelings in the body are compressed
information,

they are zip files.

When emotions of Grace and Mercy flow,
much enlightened information about creating
Happiness and Love
is transferred in a very short time.

Grace and Mercy are downpourings of divine light and love.

Grace and mercy are true abisheka, or initiation,
the transference of
consciousness from one being to another.

Strong emotions contain enough compressed information that many
books
might be required to explain all of it.

By a loving being transferring Divine Emotions of enlightenment to
another,
the recipient becomes enlightened.

In this way, the recipient is vibrating at a much higher level, and
returning negative karmas are greatly lightened in the recipient,
so that they manifest mostly in symbolic ways instead of suffering.

Next we further inspire awareness of the purity of all the original
Divine ideas in universal consciousness,
again the meaning of the divine virtue of letter soft A.

This virtue is wisdom and enlightenment,
and it is this virtue which gives mastery over levitation.

As with any divine quality of the air element of mind, meditating on
this virtue in being, desires,
visualizations, thoughts, emotion and sensations,
awakens great relaxation and ease.



Remember that air element virtues, such as Enlightenment,
are experienced in the deep inward imaginative Theta brainwave state.

All virtues of this state, which are deep inner thought and imagination,
are experienced
in states of deep relaxation and ease.

This is one reason why stress must be removed from all life,
and why happiness, justice and harmony are so important to creation.

In states of deep relaxation meditations unfold within.

As greater enlightenment is accessed,

limitations and clinging to harmful states are finally recognized,
understood, and 'let go',
released for transformation [umlaut a, ae].

Following this are further infusions of the highest Divine virtues in
all of their variety through abisheka, true direct initiation.

All of the divine virtues taken together is the meaning of the Divine
virtue of letter L.

This virtue awakens awe at the splendor and majesty of Divine Being,
giving vitality, youthening, and true spiritual morality.

Next comes a comprehension of the akashic principle
from the viewpoint of the creative act and karma.

This is the meaning of letter U.

With this virtue, a person goes into deep trance states and changes
fates.

In deep meditation, a person sees the original causes of the fates being
changed,
and creates new causes,
and sees cascading and ongoing effects of each creative act as it
operates through time.

The akashic principle is experience of pure being and unity with Divine
Being and all Creation, or in other words, Omnipresence in all.

The akashic level of pure being and unity with Divine Being and all
creation is the deepest Delta brainwave state.

This state is dominant in infancy and deep dreamless sleep each night.

Ask your cellular memory to let you consciously experience this deep,
pure, still aspect of your being.

After this follows experiences of Divine all-penetrating power for the
highest good of all.

This is the meaning of the Divine virtue of letter S.

This virtue activates all penetrating Omnipotent Divine Will
for the highest good that indwells everything in creation.

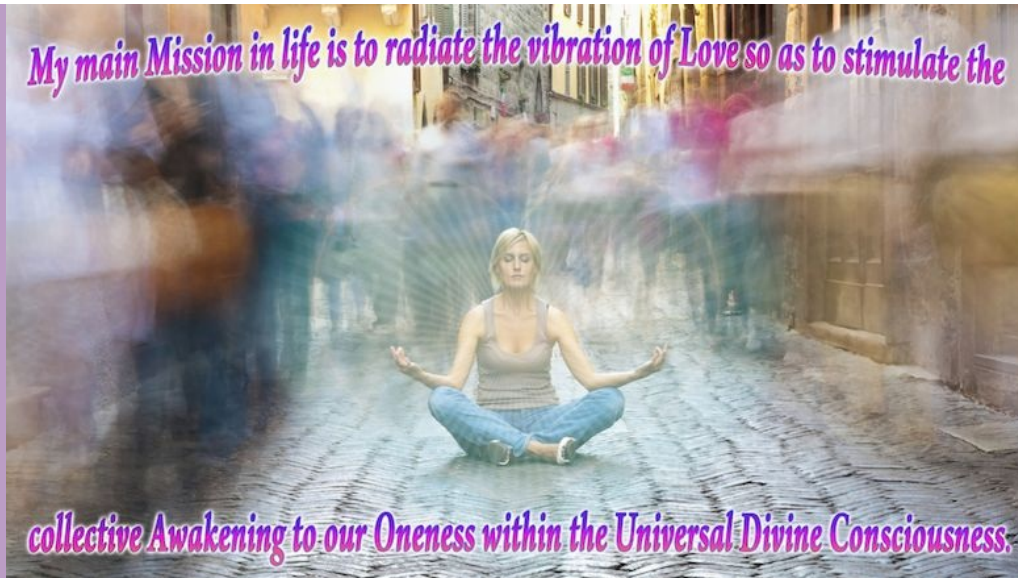
It gives control over self and others,
and awakens great powers of prophecy.

After this comes Divine inspiration and intuition concerning anything
a person is interested in,
with profound understandings of the legality of these qualities.

This is the meaning of the Divine virtue of letter T.

This virtue aligns all four brainwave states together,
thereby bringing into harmony fire, air, water, and earth.

High Inspiration is a virtue of Divine Will, that awakens Omnipotence
and genius.



Finally, there are again infusions of enlightenment, wisdom and understanding of original purity of all Divine Ideas.

Mastery of the art of levitation, clairvoyance, clairsaudience and other mystical abilities are heightened.

**As you can see,
materialization and de-materialization
are acts of great enlightenment and mastery
that require identification with Divine Omnipresence in everything.**

**Remember that ideas can be condensed into forms,
or uncondensed back into thoughts.**

**All original ideas are everywhere present in akasha,
and anything can be condensed or uncondensed into form anywhere.**

**Depending on the quality and the intensity
of a persons focus and meditation practices,
we fill inner perceptions with the above mentioned qualities in the
order given.**

**In the outer world we guide each initiate to the best teachers, books,
and experiences.**

**Each time a request for assistance is made to any of the heavenly hosts,
asking for the highest good of all concerned according to The Law of
One,
other orders of heavenly host are attracted into service AS NEEDED
for maximum efficiency and minimum effort.**

**By using Free Will to request spiritual assistance,
a cascading string of effects and events are set into motion.**

**Our love is infinite
and our connection to each one of you is Divinely ordained at the proper
times.**

**Because emotions are compressed information, abilities to deeply
emote divine qualities are necessary
for materialization and dematerialization and other miracles.**

**Old negative beliefs of limitation are connected to old negative
emotions about reality.**

**Many of these old emotions are out of awareness much of the time and
stored in the subconscious mind
as tensions in body tissue.**

When deep divine emotions are blocked and hard to come by in meditation,
usually it is because of conflicting limiting negative emotions that are stored in the subconscious mind.

Therefore, cleanups of these old limited emotions are of the greatest importance.

When the old painful emotions are healed, limiting beliefs that go with them also heal.

Stop now and check your emotions.
What are you feeling tension or pain?
Where is this emotion stored in your body?

Tune in to your body while feeling these emotions.

Are these emotions primarily in your heart?
Your head?
Your solar plexus?
Somewhere else?

Check for all tensions in your body.
Ask your body to reveal to you what emotions are causing these tensions.

Breathe deeply.
Close your eyes.
Flow with any wounded or painful emotions that you feel in your body temple.
Flow with them.

Flow with them with attitudes of all encompassing unconditional love, for these old emotions are your creations.

Love them with the love that a creator has for his or her creations.
"God's love is like the sun, it shines equally on the good and bad alike."

This love, and gratitude for these experiences that, through suffering, taught you the importance of harmony and love, will heal the emotions.

When emotions heal, negative beliefs about reality also heal and become positive.

Love and gratitude make positive emotions more beautiful.

So remember, if emotions are negative, empathize and flow with them just as you would flow with the feelings of a small upset child that you are holding and comforting.

Indeed, you are holding, validating and loving your wounded inner child.

Emotions change only when they are felt and validated.
Denying or acting out painful emotions destructively causes greater trauma.

Allow emotions to change in safe and nondestructive ways.

If you get stuck, if your painful emotions are damned up and you feel numbed out and cannot get them to flow, then start with whatever emotional state that you are in

[such as FEELINGS of being numbed out, stuck and blocked]
and use eye movement in your meditation.

Using eye movement,
which is moving the eyes back and forth,
left to right and back again over and over,
is exactly what your body does naturally when you dream each night.

This eye-movement unblocks emotional energy and shifts it
rhythmically
back and forth between the two halves of the brain,
between the parasympathetic and sympathetic nervous system,
which correspond to the inner and outer worlds.

When emotions come up that are frightening and uncomfortable,
call on us to watch over you as you allow these frightening emotions to
flow.

At any time ask for healing to come from Divine Love.

Usually, flowing with present time painful emotions
reawaken old painful memories of traumatic times.
Know that you are safe now.

You did survive, and you did the best you could at the time.

You are no longer the helpless infant or small child
that you were at the time the original traumas occurred.

In the presence of love and the heavenly hosts,
you can relive the memory from beginning to end,
feeling through all the emotions that come up,
and thereby process, change and heal these emotions.

Emotions are the water element,
and like water,
must flow to stay pure and life giving.

Stagnant bottled up emotions are similar to stagnant waters.

Remember that emotions change and heal through being felt through
from beginning to end enough times to change all of the emotions.

By going over painful memories from beginning to end about five or six
times,
all of the memories can be accessed and all of the emotions
associated with old traumas may flow.

As memories are recalled and felt through,
insights into previously unrealized underlying factors, double binds,
and stresses in self and others who were there in the traumas bring new
insights.

This opens up compassion, understanding, and forgiveness and
resolution for self and others.

It always helps to call in the help of the heavenly hosts for all
concerned at any time you are reliving the memory.

Feel free to say anything to anyone in your memory, and listen for what
they have to say.

The same brainwave patterns are present in both emotional work and
dreaming.

Working with emotions is similar to having a dream,

and it is wise and helpful to interact in imagination with the dream and
the people
in the dream for purposes of healing.

The subconscious mind does not distinguish between actual
happenings
and imagined happenings.

This is how to rewrite neural networks.

Remember that emotions change and heal by flowing in safe and
nondestructive ways.

They do not heal by being judged, bottled up, denied, or by-passed.

Acting painful emotions out destructively to self, others, or property
makes them worse.

Many people have a lifetime of trauma and pain that has been bottled
up inside,
and when a person is ready,
these emotions gush out to be healed.

Remember that since the brain does not know the difference between
emotional pain and physical pain,
it secretes pain blocking chemicals for both.

In this way, overwhelming emotional pain literally gets blocked from
conscious awareness in day to day life.

Remember that these same chemicals also block out the higher
emotions
as well as the painful ones.

That is why it is difficult for traumatized people to feel joy and other
divine emotions.

It takes some triggering event in present time that overwhelms the
body's chemical defenses to unblock and release forgotten emotions.

These emotions rush up in response to a present time trigger.

Instead of going into blame and victim consciousness,
it is wise to work with the emotions themselves to heal them.

This way chemical blocks to both painful and ecstatic emotions in the
body are released,
and higher divine emotions are now felt.

Present time upsetting events are keys to previously forgotten traumatic
memories,
opening access to earlier times and events.

These are golden opportunities to heal the wounded inner child self
hidden deep within.

"Ye must be as little children to enter the kingdom of heaven."

Little children produce theta brainwaves of deep inner thought,
theta is the dominant brainwave pattern of childhood.

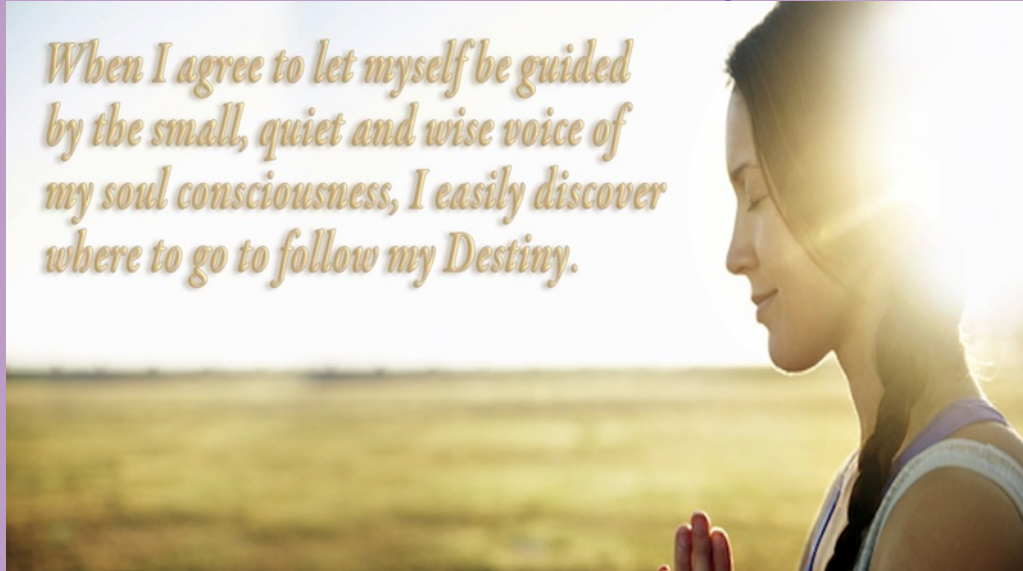
Once released emotions are healed,
present time triggers lose all or most of their upsetting power.

The triggering event could be as simple as seeing a person wearing the

same color clothes as that which was worn by a person who was part of
an early trauma,
or it could be a phrase, piece of music, a similar weather condition,
interpersonal situation,
a similar place, phrase, etc. or combinations of all these.

As the frightened, hopeless or angry inner child is embraced lovingly
and patiently by the adult self
and allowed to heal with empathy and love,
brainwave patterns that are necessary to enlightenment are reclaimed.

Ye must be as little children to enter the Kingdom of Heaven.



The next time you are overwhelmed with despair, anger, betrayal,
hopelessness or any other powerful negative feelings,
think of this as the darkness before the dawn.

In allowing negative emotions to deeply flow in nondestructive
ways with unconditional love,
remember that they will often take you back to an earlier emotional
trauma.

Unhealed unconscious negative emotions are still magnetic,
they attract similar situations over and over again until they are
finally allowed to come to the surface and out into the light of day.

That is why taking painful emotions back to an original traumatic event
works so much better than treating them in a present time situation.

Going back to an original trauma heals the deepest cellular memories of
these emotions
and results in deep profound and permanent healing.

Remember that many of the
most profound traumas in cellular memory may go back as far as
conception.

The emotions of the father and mother at conception
are recorded as cellular memory in that first cell.

That first cell divides trillions of times.
Every one of these cells has the emotional vibrations of the
father and the mother at the moment of conception.

The sins of the fathers are passed down even unto seven generations.

In meditation ask your cells to let you experience your conception.

Trust.

Stay in your body awareness as emotions flow.

**If you intellectualize too much,
you may get stuck in your head and mental body and possibly dissociate
from the emotions themselves.**

**If this happens, stop thinking and turn your attention back to your
body and flow with whatever emotions come up.**

**As emotions flow,
you will experience the strengths and the weaknesses of both parents.**

Ask the heavenly hosts to heal whatever needs healing.

Experience this.

**Then ask the heavenly hosts to heal your ancestors back ten
generations.**

Experience this in your imagination.

**Remember that the subconscious mind does not differentiate between
imagined and actual happenings.**

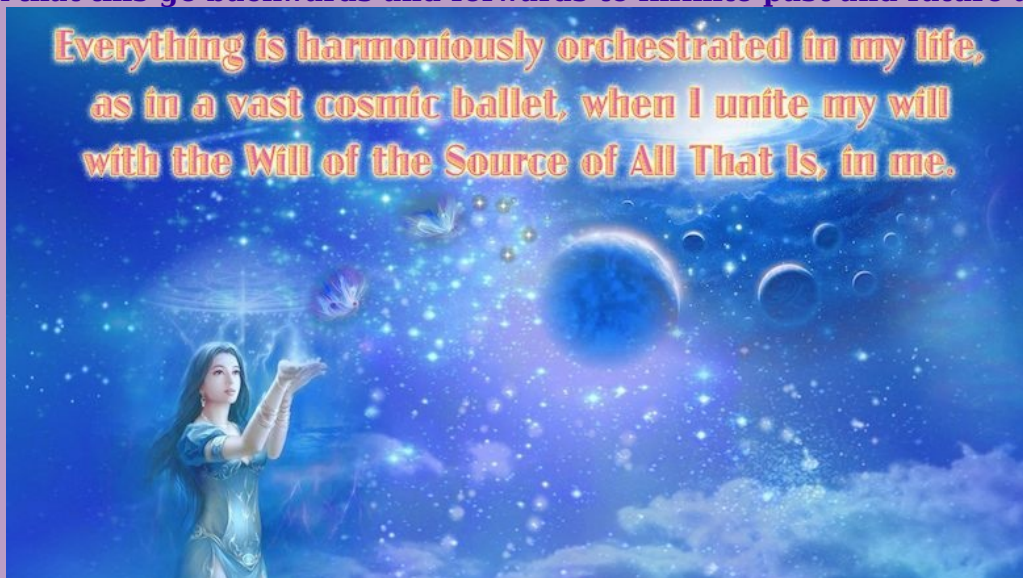
This changes chemical structures of your body.

**Now ask the heavenly hosts to heal your family line ten generations
forward into the future.**

Experience this in deep unbroken meditation.

**With the new healed beautiful wonderful emotions from your mother or
father,
ask the heavenly hosts to bless and make these even more beautiful and
wonderful.**

Ask that this go backwards and forwards to infinite past and future also.



The soul unfolds like a beautiful flower of life.

Allow emotions TO BE, with empathy and love.

**Regardless of the type and nature of the emotions,
be they happiness, boredom, peace, anxiety, shock, satisfaction, fear,
hope, anger, doubt, numbness, or joy,
just LET emotions BE.**

Do not judge them.

Do not try to make them go away or to be reasonable.

Just flow with feelings of them with love.

Use eye movement.

**It bears repeating that if emotions are very negative,
flowing with them in safe and non-destructive ways allows an
important traumatic memory to open up for healing.**

**AT TIMES LIKE THIS, IT TAKES MASTERY NOT TO ACT OUT
DESTRUCTIVELY
OR
TO ASSUME THAT THE PRESENT SITUATION AND REALITY ARE THE
SOLE CAUSE.**

**Reliving a memory enough times from beginning to end brings up
forgotten aspects of the original wounding event
that changes the perception of WHY and HOW the original trauma
happened in the first place.**

**Why the higher self allowed this trauma to happen is revealed.
Awe at having survived is awakened, and realization of divine protection
grows.**

**Important life-changing insights become part of the healing
restructuring self, others, and the nature of reality.**

**These insights transform negative beliefs about reality that occurred
during the original traumatic event.**

**These deep negative beliefs made during a time of emotional trauma
when
you were very young and naive
continue to out picture themselves through life until they are changed.**



**Negative beliefs change through clearing original emotional traumas in
which they were created.**

The flowing of emotions changes the emotions and beliefs about reality.

**Healed emotions and insights taken together change old limiting
beliefs into positive ones.**

**In the water element of emotions and the astral plane,
FLOWING IS THE KEY TO TRANSFORMATIONS.**

Complete flowing brings complete transformations.

**The purpose of reliving a memory over and over, from beginning to end,
is to completely feel ALL the emotions involved so that they change and**

are no longer stored in the unconscious and in the body tissue.

If emotions are positive,
flowing with them opens them up into expanded divinity and realms of
joy, love, peace, and creativity.

Either way, flowing is the key.

The more you flow with emotions, the more you become aware of even
more layers of emotions.

A person who does this learns to MOVE FROM FEAR OF EMOTIONS
TO UNCONDITIONAL ALL ENCOMPASSING LOVE of them.

The power of divine love to heal is amazing.

"Love conquers all."

The more that painful emotions flow non-destructively in attitudes of
unconditional love,
the more they heal and cleanse.

Once you reach a stage where many of early traumas have been healed
and
divine emotions flow freely
on a moment to moment basis,
then you are in a good position to magnetically attract divine beings of
the
water element or astral plane.

When emotions are negative,
asking the water beings to help you heal them,
as your emotions flow,
is very helpful.

If emotions are positive,
asking the water beings to help them become even more beautiful
is very helpful for dematerializing and materializing different realities.

Flowing emotions are the realm of water beings
and they are glad to help.

"When one is helped, all are helped."

Once you arrive safely in states of being in which moment to
moment emotions are generally beautiful and very real and powerful,
then when you meditate on the divine virtues and feel them,
these emotions create such powerful magnetic fields that they attract
manifestations of divine virtues into physical realities.

If you are ever in a crowd of people who feel depressed, upset,
alienated, or other states that are less than positive,
try meditating on the letter G, which is the virtue of Grace and Mercy.

If you feel to do so, ask heavenly hosts of grace and mercy to join with
you.

Visualize the emerald green color of grace and mercy shining from a
tiny sun in your abdomen,
passing through the pores of your skin and the left eye with the out
breath, filling everyone there.

Visualize and feel emotions of grace and mercy flowing
through each person's entire past, present, and future,
bringing refreshing sensations of coolness and true divine blessings.

Visualize and feel emotions of grace and mercy filling their inner realities and their outer realities.

Imagine that you hear choirs of angels singing musical notes of F in many octaves.

Flow with emotions of Divine Grace and Mercy penetrating everyone through all time and space; especially the people that you are watching.

This is a time to watch The Power of the Word in action.

The more powerfully you visualize the color emerald green and flow with emotions of Grace and Mercy, the quicker and the more amazing are the changes that you see and feel in the people around you.

Now, if you ask the beings of the water element to help you flow with emotions of Grace and Mercy, the power of all of this goes up astronomically.

Their magnetic power combined with yours is teamwork in action.

**Now you are truly a warrior of Love and this is your army!
Victory of Love becomes easier.**

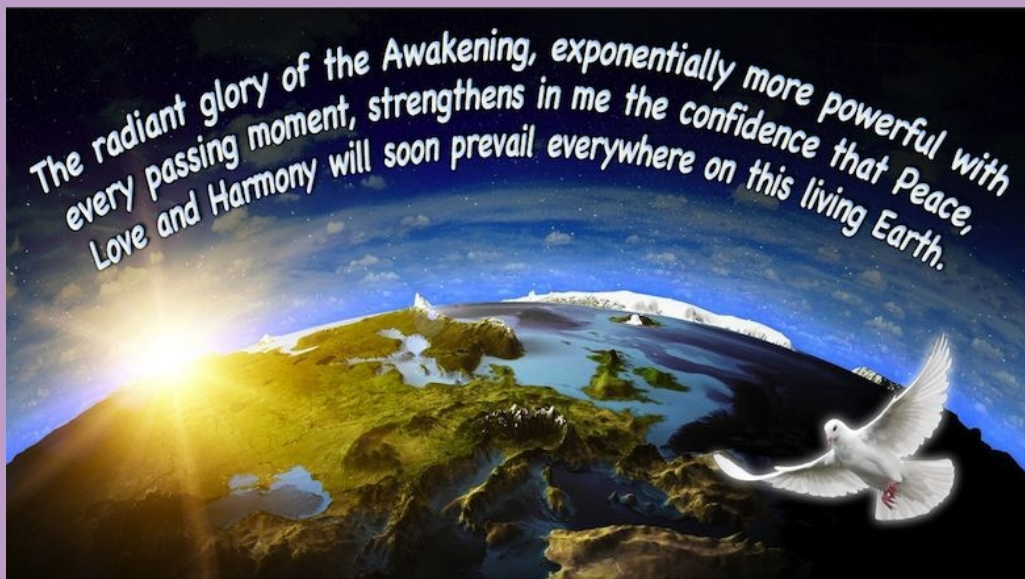
This is how it is done.

As you can see, everything depends on the power of flowing divine emotions !

**Once you have meditated on and mastered the letters with their divine virtues,
then whatever feelings and states of consciousness that you wish to manifest on the physical plane are possible,
especially with the help of the beings of the five elements.**

In the realm of emotions, the Undines, the beings of the element of Water, are ready and willing to help.

This is our area of expertise.



This sound is the virtue of the longing for perfection and the highest spiritual realization.

By meditating on this virtue, a child of God awakens increased longing for unification with the basic divine virtues.

The deeper and the more frequent the seeker is penetrated by this virtue, the deeper will be the feeling of humility, and it is in this state that is found the greatest and most powerful proximity of Divine majesty, of Divine Providence.

This virtue is dark gray, and has the musical note of B.

Since it is the earth element, it has the sensation of weight.

The right side of the nose was formed from this virtue.

A

This sound, the soft ahhhh of a sigh, is the sound of the highest wisdom and enlightenment that can be endowed to a child of God.

This virtue gives intellectual clairvoyance, clairaudience, eloquence, musical and artistic gifts.

The color is light blue, the sensation is ease, the musical note is G, and the part of the body that is formed by this virtue is the lungs.

When a child of God unites in meditation with this virtue, their mind becomes impregnated with the purity of all ideas in their original form.

On the physical plane, this virtue gives control over the spirits of the Air.

umlaut A, ae

The realization of wishes regarding physical matter is subjected to this virtue.

The sound of this letter, the long "A", {ae}, in the Cosmic language is the virtue of the origin and mystery of life and death regarding their transformation.

By meditating on this virtue, a child of God becomes convinced that in reality death does not exist, for the so-called death is only a transformation from one state into another.

Also will come enlightenment on the cause of this transformation.

With this comes the ability to master all negative spiritual beings in all spheres and planes with regard to their scope of action. The purpose for which negative beings have been created becomes clear.

Since, in the original principle all beings are alike, each having been created by Divine Providence to fulfill a certain task, there is no dissimulation of negative beings, for from the enlightened persons point of view everything is pure.

Here the saying: "to the pure one everything is pure" becomes plain.

If there were no negative beings, it would be impossible to distinguish between good and evil; and if there were no passions, there would also be no virtues.

This virtue confirms the words contained in the Bible: "through night to light", the deep symbolic meaning of which now becomes clear.

In the intellect the ability is gained to see through all thoughts, actions and wishes concerning matter, and of becoming their absolute master.

*In the emotions, this virtue represents desires, passions,
and the inclination to self-satisfaction etc.*

*A person who masters this virtue in their emotions becomes absolute
master and ruler of all desires and passions.*

*Also, a person is able to not cling to mental, emotional, and material
virtues and objects
when they are no longer the highest good of all concerned.*

*This means complete independence and freedom and fulfills the saying
"bind yourself and you will be free".*

On the material level this virtue is one of the most materialized.

*No matter whether you evoke it in the mind, the feelings, the akasha, or
the material world, the earth is influenced by it to a larger extent.*

The ability to infuse matter with Divine virtues is heightened.

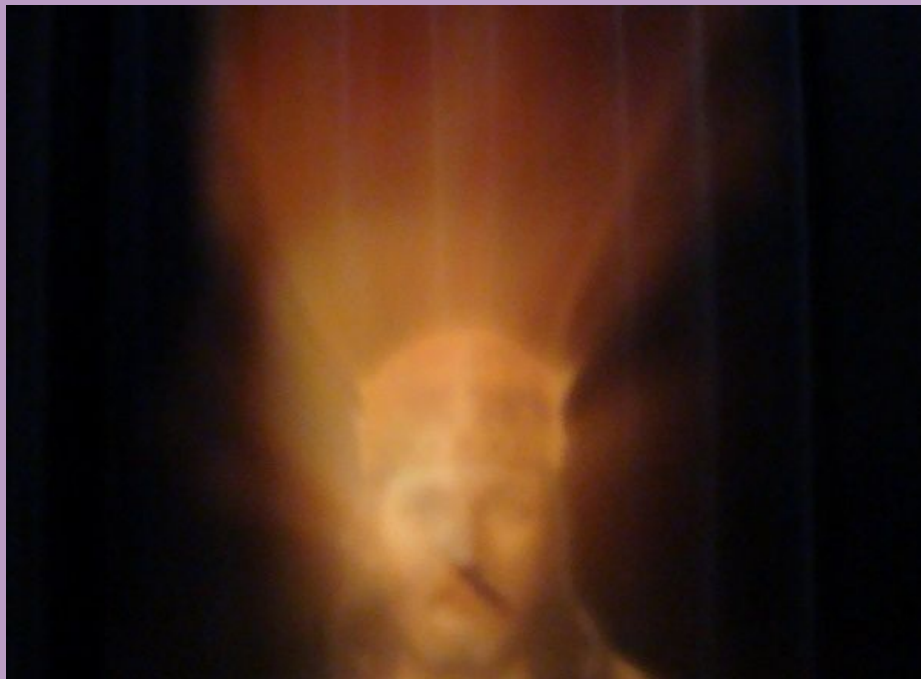
The color of this virtue is loamy brown.

The musical note is C.

The element is earth so it has the sensation of weight.

The anus is formed from this virtue.

G



The letter G symbolizes the virtue of Divine Grace and Mercy

*In the physical world this virtue represents all phases of riches
and wealth, of happiness and satisfaction.*

*By this virtue Divine Providence has created abundance and, like the Creator,
a child of God may also bring about, for him or her self or other
people, abundance in everything, should that be desired.*

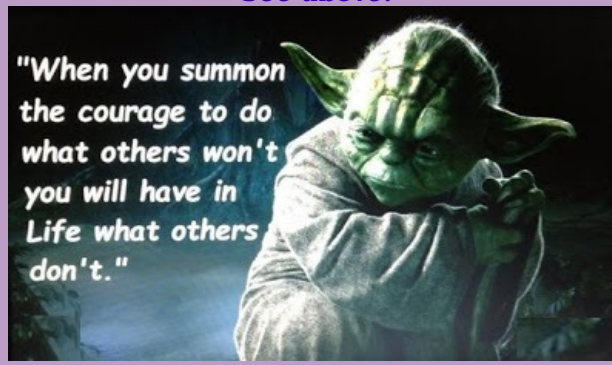
*On an emotional level this virtue gives emotions of happiness, of complete
satisfaction.*

*Situations may be created by means of the elements and the will and
emotions causing success
and wealth in the world that is for the highest good of all concerned.*

*In the mind, this virtue gives the experience of peacefulness, and
the faculty of giving true Divine Blessing.*

A and umlaut A, ae.

See above.



L

The letter L represents the sum total of all the Divine virtues.

These virtues taken together are the splendor and majesty of Divine Consciousness.

By mastering the virtue of unity with the Divine virtues, it is possible to create the splendor and majesty of heaven so that it manifests in the intellect, in the feelings, and in the reality of the physical world.

This gives morality, mastery of emotions, great courage and endurance, and the drive for self-preservation in self and others.

This is the Divine virtue of true vitality and eternal youth.

The color of this virtue is olive green, the musical note is F, the sensation is the air element of ease, and the organ formed by it is the spleen.

U

This sound is the virtue of the creative act and karma.

When a child of God masters this oscillation, which is accomplished by repeated practice and meditation, the original source of everything that exists in all its forms is revealed so that full comprehension of it is close at hand in consciousness.

In the mind this virtue evokes the highest form of intuition and inspiration, and the ability to explore and master ones own karma.

In the emotions, the ability to transfer consciousness to any place and evoke states of trance is gained.

On the physical level the principle of using ether is mastered.

The color of this virtue is velvet black, its musical note is B, it is the element of akasha which is God-penetrating-all, and the pancreas is formed by it.

S

This sound is the sound of all-penetrating-POWER.

This Will Power is used to completely saturate and penetrate all of the levels of intellect, feeling, and form.

The color of this virtue is purple red, its musical note is G-sharp, it is the fire element of will and so it has the sensation of warmth, and the gall bladder is the part of the body that is formed by it.

A

The Divine virtue of wisdom and enlightenment gives control over the spirits of the air and mastery of levitation and all occult powers such as clairvoyance, clairaudience, clairsentience, artistic talent and eloquence.

Umlaut A, ae

The Divine virtue of transformation reveals the mysteries of life and death and transformation.

In truth there are no deaths, only changes into higher states.

This virtue is the ability to RELEASE back to Omnipresent Divine Being any imperfect form of anything on any level for the purpose of transformation.

This release gives control over negative beings and situations, in self and in others.

P-A-G-A-L-U-S-T-A

MIRACLES

..



Footnotes:

The names and meaning of angel groups come from Quaballah, which is a very ancient set of teachings which together form a common precursor, or root, of three of the world's religions: Judaism, Islam, and Christianity.

Each degree of the zodiac is ruled by a high being of the heavenly host in the zone girdling the earth, and the angels who work with him or her.

The being and the angels share the same name.

This name is a key to their powers and influence.

* Names, phrases, or sections in the angel messages are quoted or paraphrased from the books of Franz Bardon.

Information of the heavenly hosts of the zone girdling the earth is referenced from THE PRACTICE OF MAGICAL EVOCATION, ISBN 3-921338-02-6, and Information of the divine virtues and the letters are referenced from THE KEY TO THE TRUE QUABALLAH, ISBN 3-921338-12-4].

Publisher is Dieter Rüggeberg, Wuppertal/W. Germany. These books have very important information for these studies.

The book "Initiation into Hermetics" ISBN 3-921338-01-8, is a preparatory book for the others.

Franz Bardon's last autobiographical book, "Frabato the Magician", gives historical background and was compiled by his German publisher from notes written by Franz Bardon.

This book is helpful for understanding present day issues.

If you have these, read Frabato the Magician first, with appendixes, and then read appendixes from the other three for background.

We have a yahoo group for people who want to receive only the angel messages and have access to all previous messages on the web.

Feel free to share these messages.



The Law of One is the original law of Creation, and is the supreme Law over all laws in all dimensions.

THE LAW OF ONE

We are all one.

When one is harmed, all are harmed.

When one is helped, all are helped.

Therefore, in the name of who I AM ,

And I AM one with all there is;

I ask that only THE HIGHEST GOOD OF ALL concerned happen .

I give thanks that this is done.

SO BE IT!

So it is.

<http://groups.yahoo.com/group/SpiritusAngelMessages/>
<http://groups.yahoo.com/group/lovingpurelove/>

Print out and make copies to have on hand whenever a trauma clearing is needed for yourself or others.

Here are the 23 steps a person needs to take to permanently clear a trauma in one session.

The session usually lasts from 2 to 3 hours. Be sure you are not interrupted, and that you finish all 23 steps.

Use this when you or another person are triggered into painful feelings.

You may need extra paper to write down the answers.

Hand these notes over to the person clearing the trauma when you are finished.

If you are doing this alone for yourself, take plenty of time with each step.

If you are doing it alone, it is often helpful to write out the answers.

It's also very helpful to play soft emotionally healing music, such as Enya, while doing the trauma clearing.

Trauma Healing Form

Below is the Trauma Healing form.

Use when facilitating an emotional healing session

Print out and make copies to have on hand whenever a trauma clearing is needed for yourself or others.

Leave the open spaces to have room to write out the answers.

Print on one side of the paper only so that the back sides can be used for additional writing if needed.

Feel free to share all of this with others.

We all have had multiple wounding experiences in life, and these wounded feelings often get triggered in day to day life.

When old traumatic emotions come up, they must be healed for happiness and faith to return.

Happiness is our normal state, and if wounded feelings are not healed, our physical and emotional health is damaged.

Wounded feelings must be healed, they must not acted out destructively to self, others or property.

By denying them, or 'making them go away' with other means, instead of validating them and healing them,

they go into the subconscious, are stored in the body as tension, and continue to subconsciously attract unwanted experiences.

Acting out triggered feelings creates more triggered feelings.

A trauma clearing session will heal one trauma permanently.

[Note: When working with military personnel, it may be necessary to integrate the caring self [pre military programming self] with the combat self.

This may be necessary before feelings are accessible for healing.

If the traumatized person has a difficult time accessing emotions, please refer to handouts in workbook addressing this.]

More information is available free at www.spiritussanctus.com

23 Steps to permanently heal an emotional traumatic experience:

DATE: _____

TRIGGERED PERSON: _____

FACILITATOR: _____

Questions to ask in a Trauma Healing

1.

[Subjective Units of Distress Scale = SUDS]

On a scale of 0 to 10, where 0 is no distress and 10 is maximum emotional distress.

What are your suds? What is your distress level?

Write down suds here _____:

2. If you were to really get into this upset, how high would your suds go?

Write this number down here: _____

3.. What are you feeling now? Write down list of feeling words here [20 approximately].

Give TP [triggered person] plenty of time to be silent and go within to check in with feelings.

If they say one or two feelings words, such as: angry, betrayed, and then look at you, read back the words and then say, "Go within and see what other feelings you have." Don't interrupt their silences.

These silent times are when the most important inner work is being done. Keep them doing this until you have at least 20 feeling words.

4.. Read back feeling word list. Ask, "When have you felt this combination of feelings before?"

Make list of memories that trauma clearing person remembers. [Need approximately 5 memories of times he or she has felt this way before]. Write them here:

5. Start with the first memory, and repeat with each one in the list.

Ask,

"If you had a magic wand and could magically heal all the feelings associated with this memory, what would it do to your overall suds?"

Write this number down next to each memory.

The one with the greatest lowering effect of overall suds is the memory you want to clear.

6. Ask the TP [triggered person] to give this memory a name or title.

Write it down.

Now ask, "How long will it take you to tell me this memory from start to finish?" Write down the number of minutes. _____

7. The next step is to then ask, "When you went through this emotional experience, what negative ideas and beliefs about life, about the nature of reality, came from this?"

What negative ideas did you start believing?"

Write down list of negative ideas here:

(Typical examples: The people I trust the most betray me the most. I cannot trust anyone. I am not loved. I am not safe.)

8. Read back the list of negative ideas. Now ask, "What positive ideas about reality did you get from going through this trauma?"

[Note: Usually TP will say that there are not any positive ideas. Ask them to go within and find at least three. (Typical examples: "Well, I survived." "I was

strong and got through it." "Somehow I learned to depend on myself." "A higher power protected me.")

9. Stillphoto: Now ask the TP to pretend that he or she has a scrapbook of their life. Ask them to describe the photograph of this trauma. Describe where, what

time of day, lighting, furniture or room or place, who was there, etc . Be sure that they describe the scene, but do not let them start telling the trauma yet.

Write down the description of scene here:

10. Now tell TP to tell you **out loud** the entire memory from beginning to end. (DO NOT INTERRUPT AND DO NOT OFFER ADVICE. The healing process is within

the TP, and their attention must stay within. Any interruptions, no matter how well intentioned, will break their process and concentration.) As they tell you,

write it down here:

Note: if at any time in the tell-retell sequence they make a comment expressing something that they wish could have happened, guide them to go ahead and do this

in their imagination. For example: TP says, "I wish I could have [I should have] told my father [buddy, friend, wife] _____ [that I loved

them, that they should stop, that I am not going to take this any more]. Tell them to take plenty of time to do this and to pay close attention to what the

reaction is from the other person while they imagine doing this. Remember that brainwave patterns in reliving feelings are similar to having a dream, and that interaction with the memory,

just as interaction in a dream, causes deep changes in the psyche. In this case it is a spontaneous healing image bursting from the deepest levels of the inner

being.

This applies also to a spontaneous need to pray, or ask from help from a higher source. Have them go ahead and do this in their imagination. [See book:

Remembering Our Home by Sheila F. Linn, William Emerson, Dennis Linn and Mathew Linn.

Available through Amazon.com for documentation and explanation of this

process.]

These processes, of course, create healing images in the mind.

These healing images are very important. A memory is composed of 3 things. This is known as

PET = a still **P**hoto of the memory or visual image, **E**motions, and **T**houghts. All three must change for the trauma to be permanently healed.

The final image is called the resolution image.

[This is created in step 18 by taking the final spontaneous healing image and merging it into the still photo image of step 9].

This will be the image that the TP will remember of this memory in the future.

11. Now ask the TP to remember the entire memory again **silently**. Wait patiently while they do so. Remember that any upset, crying, anger. is good. Have Kleenex

on hand to give them for tears. Have a pillow on hand to muffle their screams of anger and rage, if necessary. When they are finished, ask them what their

suds are now. Write this number down here: _____

12. Now ask the TP to go through the entire memory **out loud** again from beginning to end. It is not necessary for them to repeat anything that they have already

said, they can if they want to, or they can just say out loud new stuff that they are now remembering as they go through the memory. Either way is OK.

Ask TP what their SUDs are now. Write it down here. _____

The SUDS, subjective units of distress scale, may go up or down, either way is OK.

Sometimes in reliving a painful memory, the SUDS can spike up as long suppressed information is accessed.

Write it down here as they talk:

13. Now ask the TP to remember the entire memory again silently. Ask what their suds are now. Write this number down here: _____

14. Now ask the TP to go through the entire memory out loud again from beginning to end. Write it down here as they talk:

15. Now ask the TP to remember the entire memory again silently. Ask what their suds are now. Write this number down here: _____

16. Now ask the TP to go through the entire memory out loud again from beginning to end. Write this down here:

Ask TP what their SUDS are now. It should be going down fairly consistently at this point.

Write it down here. _____

[During tell-retell, the TP gets new insights into why the trauma happened in the first place. There will be insights into what was going on with the other

people in the trauma. Compassion and understanding for self and others will begin to appear. Images of healing will spontaneously arise often at these

times. For example, the patient could say, "My father was worried about supporting us, and he was acting out his rage and frustration about this and

really didn't mean to act so bad toward us. He really loved us deep down. I see him turning to me and wanting forgiveness and understanding. I see it in his

eyes." At this point suggest that the TP tell the father whatever he feels in response to this.

These insights and visual images are called healing images. Be sure to write these healing images down.

17. Ask them to remember it silently again. Then ask, "What is your suds?"

Write this number down here: _____

Keep doing this process: silently and out loud, until suds get down to 0. Be careful to write down insights and healing images.

If at any point the TP gets stuck at 1 or 2, ask them what is keeping their suds at 1 or 2?

Ask them to scan their body for any tension. Ask them to go within the body wherever they find tension and ask what the tension wants to say to them. Ask

them to put their hands over this area and say to it, "Soften and flow, soften and flow, soften and flow. If the energy

moves to another part of the body,
repeat this process.

This should take care of it and bring the suds down to 0. If it doesn't ask them to find whatever other tension there is in the body and to pretend that this

area has a mouth and can talk. Ask TP to respond to the tension and ask the area what message it has to share.

Then the TP dialogues back and forth until tension is resolved. [Example: "I am tense in my gut." Ask them to ask the gut what message it has for them. Example: "My gut says that I must learn to depend on myself".]

18. Ask the TP to take the final healing image and push it into the original still photo [Number 9 above.] In other words, the TP will take the two images,

the original still photo and the final healing image and merge them together. Give TP plenty of time to do this. Don't interrupt. Wait until TP looks up to

you for a prompting. Then ask the TP to describe what happened to the two images when he or she merged them together. Write it down here:

This final image is called THE RESOLUTION IMAGE. This is the image that the TP will remember of this memory in the future.

19. Now ask the TP, "What words go with this memory now?" Write down the words here:

20. Ask = "What positive ideas go with this memory now?"

Write down here:

21. Ask = "How does clearing this change the way you feel about yourself now?"

22. Ask = "How does clearing this change the way you will behave in your life now?"

23.Important: HEALING BUBBLE: Right after the clearing, the person who just completed the process goes into "The Healing Bubble." The TP is in a zone of silence.

They are still in a mild trance state, moving between past time and present time. They are doing very important and deep inner integration of the 'new' self. Every

effort should be made to avoid confronting them, not bringing up loaded issues, or introducing stressful choices at this time. The TP needs space, silence and

alone time for 2 hours to 6 hours or for days or for as long as 2 weeks. The TP will let you know when they are ready for ordinary conversation.

Instruct the TP to be very careful and private for a few days while the psyche integrates the change. Explain that the change in the subconscious and body is

like scar tissue, it is very delicate and tender now and will take a while to firm up. Instruct them to NOT get involved in other people's problems or issues,

and to protect themselves emotionally. It is very easy to get retriggered during this time, they are very vulnerable. They must promise to protect themselves for

as long as it takes to integrate.

