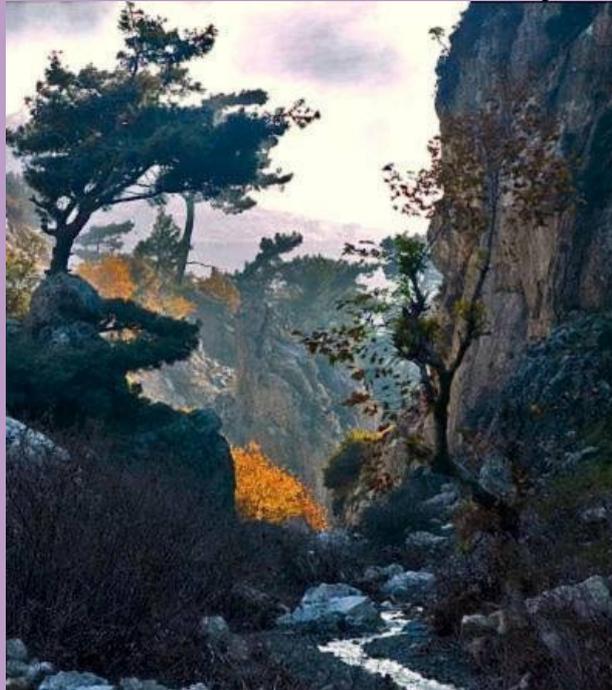


Hermetic Angel Messages

PDF version

***Destiny.
Please interact gently within yourself.
Go within.
Find the kingdom of heaven within
and all else shall be added unto you.***



**The Angels of Advanced Water
and
Emotional Mastery**



20 degrees Aries

Also known

as

The Angels

of

Hahadu

Beloved,

An aware mature person, who is a victorious divine warrior of Love, works cooperatively with the beings of the five elements to bring about new conditions.

Emotions are the language of the quantum field.

By flowing with divine emotions in the present, a son or daughter of Divine Being blesses timelines in the present as well as in the past and future.

Because changes in emotions precede changes in physical form, mastering ones personal emotions and flowing with divine emotions, along with working with the beings of the emotional realm, are ancient keys to victorious overcoming of old conditions on Earth and bringing in the new.

All of the five elements are populated by intelligent beings.

The beings of Akasha are beings of omnipresence, with qualities and quantities of Divine Being.

The beings of Fire are beings of flowing Will.

The beings of Air are beings of flowing thought.

The beings of Water are beings of flowing emotions.

The beings of Earth are beings of sensations and weight.



Each being of each element is a conscious individual and plays its part in the symphony of Creation.

In the constellation of Aries, Divine impulses of Cosmic Love birth new realities on all of these levels of pure being, will, thought, emotions, and sensations.

The beings of the water element, the Undines, are conscious beings of flowing emotion and have tremendous powers of magnetism.

As a child of Light communicates with Undines, there are almost NO LIMITS to the gigantic powers of magnetism that can be produced by working together.

These changes of emotions attract new corresponding realities into physical manifestation.

Follow inner guidance, to become a divine musical instrument of flowing emotions of ecstasy, wisdom, faith and other wonderful feelings to attract similar wonderful changes in physical reality.



You must *feel* the force around you.

**The Angels of Hyris, the previous degree of 19 degrees Aries,
introduced this mastery.**

**Once a person of love excels with these angels, it is time for us, the
Angels of Hahadu,
to further teach the mysteries of emotional attunement, the water
element,
and the beings who inhabit this realm.**

Here is one of our basic meditations:

Stop now and check your emotional state.

What are you feeling?

Tune in to your body while feeling your emotions.

Where is this emotion tangible and visceral in your body?

Check for tensions in your body.

**Ask your body to reveal to you the emotions that are causing these
tensions.**

Are these emotions primarily in your heart?

Your head? Your solar plexus?

Somewhere else?

Breathe deeply.

Close your eyes.

**Flow with these emotions in your body temple, remembering that
emotions are compressed information, like a zip file.**

**Thank these vast amounts of information for all the experiences that
they reveal that you have gained, and with these experiences,
give thanks for all the great wisdom that has been gained,
personal wisdom about what works and does not work for sentient
beings in incarnation.**

Flow with these emotions.

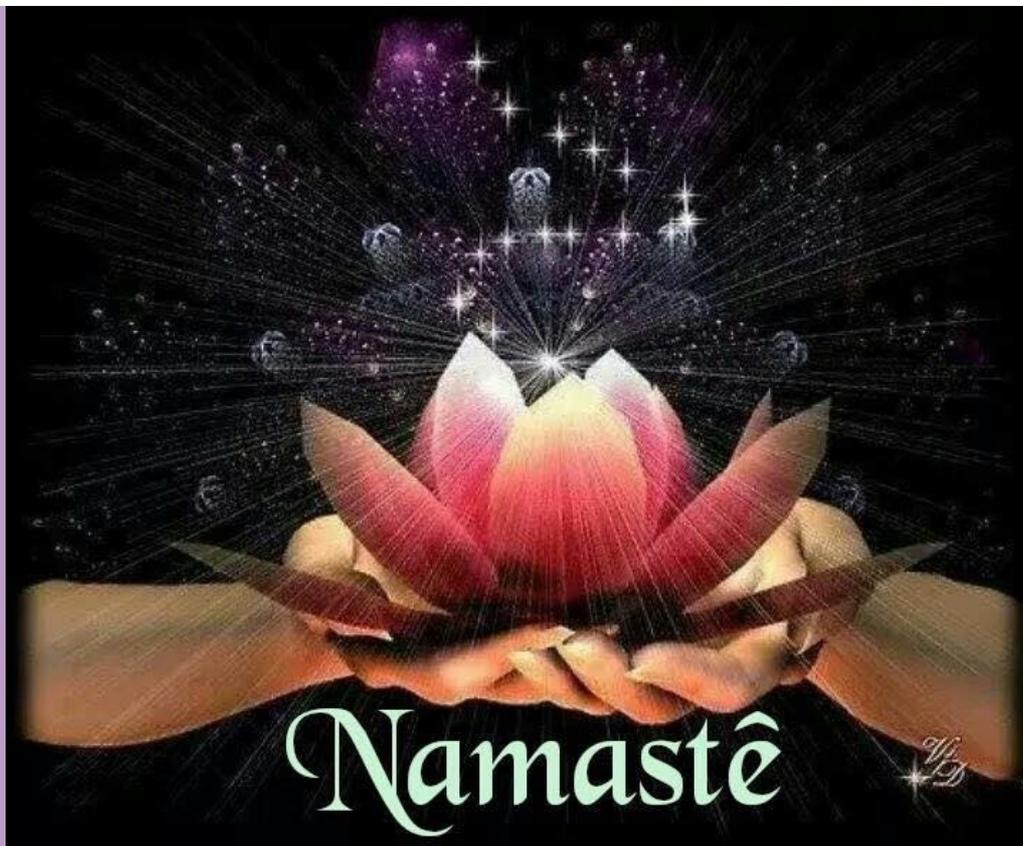
**Positive or negative, flow with them with an attitude of all
encompassing unconditional love,
for gratitude changes everything.**

**Remember that these emotions are creations that your higher self
allowed to happen
to give you valuable personal experience on the path to spiritual and
emotional maturity and authority.**

Love them with the love that a creator has for his or her creations.

"God's love is like the sun, it shines equally on the good and bad alike."

"Love conquers all."



This love will make any positive emotions more beautiful, and will heal the negative ones.

Emotions are intelligent, and when they receive love, forgiveness, understanding and gratitude, they heal.

If the emotions are negative, empathize and flow with them just as you would flow with the feelings of a small upset child that you hold and comfort.

Emotions change only when they are felt, when they are connected with.

Allow your emotions to flow safely, causing no harm by acting out destructively, and experience them as they flow and change with gratitude, love, and respect.

If you get stuck, if your emotions are damned up and you feel numbed out and cannot get them to flow, then start with whatever feeling state that you are in [such as the FEELING of being numbed out, stuck and blocked] and use eye movement in your meditation.

Using eye movement, which is moving the eyes back and forth, left to right and back again over and over is exactly what your body does naturally when you dream each night.

This eye-movement unblocks emotional energy and shifts it rhythmically back and forth between the two halves of the brain, and between the parasympathetic and sympathetic nervous system, which correspond to the inner and outer worlds.

If the emotions that then come up are frightening and uncomfortable, call on us to watch over you as you allow even these frightening feelings to flow.

The greatest healing comes from transforming our worst fears into love

At any time you can ask for healing to come from the heart of Divine Love to help you.

Usually, flowing with present time painful emotions reawakens an old painful memory of feeling this way before, of an earlier traumatic time.

Know that you are safe now.

You survived this horrible event before, the proof is that you are here alive remembering it now.

You are no longer the helpless infant or small child or younger adult that you possibly were at the time the original trauma occurred.

In the presence of the heavenly hosts, you can safely relive the memory from beginning to end, feeling through all the emotions that come up, with empathy and love for the little child or younger person you were at the time of the original wounding, and in doing this, thereby change and heal these feelings as they flow in present time.

Remember that emotions change and heal through being felt through from beginning to end.

Spend enough time remembering how you felt to change all of the emotions.

You can make a list of the emotions, emotions such as betrayal, disappointment, anger, grief, fear, sadness and sorrow.

By going over the memory from beginning to end about five or six times, all of the memory can be accessed and all of the once forgotten emotions associated with the old trauma flow to healing.

This way the body does not have to carry these painful unresolved emotions as muscle tension any longer.

Finally as they heal through this courageous work, even the body heals.

As the memory is recalled and felt through, insights into previously unrealized underlying factors, double binds, and stresses in self and others concerned in the trauma bring new insights.

This opens up compassion, understanding, and forgiveness and resolution for self and others.

It always helps to call in the help of the heavenly hosts for all concerned at any time you are reliving the memory.

Feel free to say anything to anyone in your memory and imagination, and listen for what they have to say.

The subconscious mind does not distinguish between an actual happening and an imagined happening.

The beings of the realm of fire, the salamanders, can help you reclaim the fire of divine enthusiasm about life and love

and safety that you may have lost as a misunderstood child.

When you call on them to help heal your emotions, or the emotions of others, they can help you remember, or help others remember, the original beauty of divine willpower and enthusiasm that is inherent in happy whole beings.

The same is true about beliefs, the air element.

Terrible emotionally wounding events destroy our happy beliefs about life itself, beliefs that life is beautiful.

**Instead we think thoughts such as "Life is not safe",
or "Every time I trust someone I get hurt,
or "People don't understand me",
or "Something is wrong with me and I cannot be myself."**

Then we feel sad, or depressed, most of the time.

We begin to take pills, or act destructively toward ourselves or others, instead of being happy, confident, and feeling loved and loving.

The beings of the water element, the undines, can also be summoned to help remember divine happiness, divine confidence, divine innocence or tangible feelings and emotions of safety etc.

The same brainwave patterns are present in both emotional work and dreaming.

Working with emotions is similar to having a dream, and it is wise and helpful to interact with the dream and the people in the dream for the purpose of healing.

Ancient people of the planet have been doing this from the prime beginning.

Dream Yoga, and shamanic pathways of dreaming are ancient.

Remember that emotions change and heal by flowing in a safe and nondestructive way.

They do not heal by being intellectualized, bottled up, denied, acted out destructively, or by-passed.

Many people have a lifetime of trauma and pain that has been bottled up inside, and when a person is ready, these feelings gush out to be healed.

Something in present time that bears some resemblance to an original trauma will trigger an unconscious reaction.

It could be something as simple as the color of someone's dress, or a tune on the radio, that is similar to the color of clothing worn by an abusing parent or person in the past or the same tune that was played during an upset experience in the past.

Since the brain does not know the difference between emotional pain and physical pain, it secretes pain blocking chemicals for both.

In this way, overwhelming emotional pain literally gets blocked from conscious awareness in day to day life so that life can go on, so the

person can function.

**It takes a triggering event in present time that overwhelms the body's defense
to release forgotten memories and emotions.**

These emotions rush up in response to the present time trigger.

**Instead of going into blame and victim consciousness,
it is wise to work with the feelings themselves to heal them.**

**They are keys to a previously forgotten traumatic memory, giving access
to an earlier time and event.**

**This is a golden opportunity to heal the wounded child hidden deep
within.**

**Once the released emotions are healed, the present time trigger will
lose all or most of its upsetting power.**

**Remember, the triggering event could be as simple as seeing a person
wearing the same color clothes as that which was worn by a person who
was part of an early trauma,
or it could be a phrase, piece of music, a similar weather condition,
interpersonal situation, a similar place, or combinations of all these.**

**As the frightened, hopeless or angry inner child is embraced by the
adult self
and allowed to heal with empathy and love,
brainwave patterns that are necessary to enlightenment are reclaimed.**

Ye must be as little children to enter the Kingdom of Heaven.

**The next time you are overwhelmed with despair, anger, betrayal,
hopelessness or any other powerful negative emotion, think of this as
the darkness before the dawn.**

**In allowing these negative emotions to deeply flow in nondestructive
ways with unconditional love,
remember that they will often take you back to an earlier emotional
trauma.**

**This is a golden opportunity for healing,
since unconscious negative feelings are still magnetic, they attract
similar situations over and over again
until they are finally allowed to come to the surface and out into the
light of day.**

**That is why taking painful emotions back to an original traumatic event
works so much better than treating them in a present time situation.**

**Going back to an original trauma heals the deepest cellular memories of
these emotions and results in deep profound and permanent healing.**

**Remember that many of the most profound traumas in cellular memory
go back as far as conception.**

**The emotions of the father and mother at conception
are recorded as a cellular memory in that first cell.**

That first cell divides trillions of times.

**Every one of these cells has the vibrations of the father and the mother
at the moment of conception.**

The sins of the fathers are passed down even unto seven generations."

You can ask your cells to let you experience your conception.

Trust.



Stay in your body awareness as the feelings flow.

If you intellectualize too much, you may get stuck in your head and mental body and can possibly dissociate from the emotions themselves.

If this happens, stop thinking and turn your attention back to your body and flow with whatever emotions come up.

As emotions flow, you will experience the strengths and the weaknesses of both parents.

Ask the heavenly hosts to heal whatever needs healing.

Experience this.

Then ask the heavenly hosts to heal your ancestors back ten generations.

Experience this.

Now ask the heavenly hosts to heal your family line ten generations forward into the future.

Experience this in deep unbroken imagination and meditation.

With the beautiful wonderful emotions from your mother or father, ask the heavenly hosts to bless and make these even more beautiful and wonderful.

Ask that this go backwards and forwards ten generations also.

The soul can unfold.

Allow emotions TO BE, with empathy and love.

**Regardless of the type and nature of the emotions,
be they happiness, boredom, peace, anxiety, shock, satisfaction,
fear, hope, doubt, numbness, or joy,
just LET FEELINGS BE.**

Do not judge them.

Do not try to make them go away or to be reasonable.

Just feel them flow and purify with love.

Use eye movement.

**It bears repeating that if emotions are very negative,
flowing with them in a safe and non-destructive way
allows an important traumatic memory to open up for healing.**

**AT TIMES LIKE THIS, IT TAKES MASTERY NOT TO ACT OUT
DESTRUCTIVELY OR TO
ASSUME THAT THE PRESENT SITUATION AND REALITY ARE THE
SOLE CAUSE.**

**Reliving a memory enough times from beginning to end brings up
forgotten aspects of the original wounding event that changes the
perception
of WHY and HOW the original trauma happened in the first place.**

**Important life-changing insights become part of the healing
restructuring of self, others, and the nature of reality.**

**These insights transform negative beliefs about reality that occurred
during the original traumatic event.**

**These deep negative beliefs, made during a time of emotional trauma
when you were very young and naive,
continue to out picture themselves through life until they are changed.**

**They can be changed through clearing the original emotional trauma in
which they were created.**

The flowing of emotions changes the emotions.

**Then the emotions and insights taken together change the limiting
beliefs into positive ones.**

In the water element, FLOWING IS THE KEY TO TRANSFORMATION.

Complete flowing brings complete transformation.

**The purpose of reliving a memory over and over, from beginning to end,
is to completely feel ALL the emotions involved so that they change
and are no longer stored in the unconscious and in the body tissue.**

**If emotions are positive, flowing with them opens them up into
expanded
divinity and realms of joy, love, peace, and creativity.**

Either way, flowing is the key.

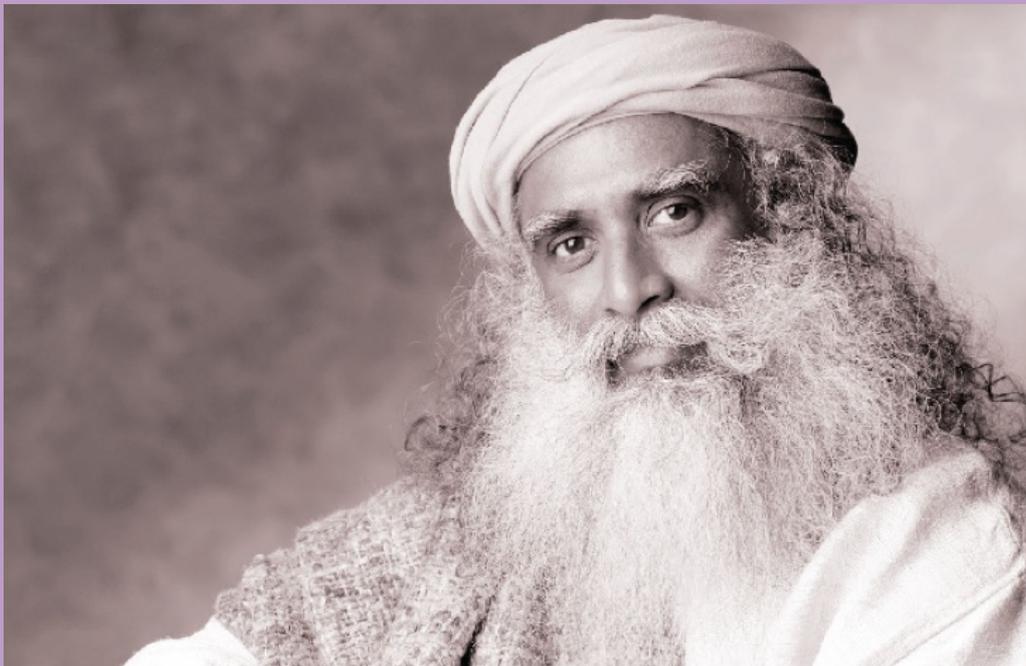
The more you flow with emotions, the more you become aware of emotions.

A person who does this learns to MOVE FROM FEAR OF EMOTIONS TO UNCONDITIONAL ALL ENCOMPASSING LOVE of them.

The power of divine love to heal is amazing.

**The more painful emotions flow non-destructively in an attitude of unconditional love,
the more they heal and cleanse themselves.**

**Once you reach a stage where many of early traumas have been healed and divine emotions flow freely on a moment to moment basis, then you are in a good position to magnetically rejoice in working with divine beings of the water element to create ever more beautiful emotional states and anchor them in the water,
both the water in the human body and the waters of the world.**



Turn the oceans themselves into compressed information of divine perfection!

Remember that when emotions are negative, asking the water beings to help you heal them, as your emotions flow, is very helpful.

If emotions are positive, asking the water beings to help them become even more beautiful is very helpful.

Either way, negative or positive, flowing emotions are the realm of water beings and they are glad to help you.

**Once you arrive safely in states of being in which your moment to moment emotions are generally beautiful and very real and powerful for you,
then when you meditate on the divine virtues and feel them, your emotions create powerful magnetic fields that attract manifestations of divine virtues into physical reality.**

If you are ever in a crowd of people who feel depressed, upset, alienated, or other states that are less than positive, try meditating on the letter G, which is the virtue of Grace and Mercy.

You may also ask the heavenly hosts to do this too.

Visualize the emerald green color shining from a tiny sun in your abdomen, passing through the pores of your skin with the outbreath, filling everyone there.

Visualize and FEEL grace and mercy flowing through each person's entire past, present, and future, bringing refreshing sensations of coolness and true divine blessings.

Visualize and feel grace and mercy filling their inner realities and their outer realities.

Imagine that you hear choirs of angels singing musical notes of F in many octaves.

Flow with emotions of Divine Grace and Mercy penetrating everyone through all time and space; especially the people that you are watching.

This is a time to watch The Power of the Word in action.

The more powerfully you intend and visualize the color emerald green and flow with emotions of Grace and Mercy, the quicker and the more amazing are the changes that you see and feel in the people around you.

Now, if you ask the beings of the water element to help you flow with feelings of Grace and Mercy, the power of all of this goes up astronomically.

Their magnetic power combined with yours is teamwork in action.

Now you are truly a warrior of Love and this is your army!

Victory of Love becomes easier.

This is how it is done.

As you can see, everything depends on the power of flowing divine emotion!

The letter H, the first letter of our name, is The Power of the Word.

H represents the divine virtue of invoking and activating any of the divine virtues at will, according to inner guidance.

Once you have meditated on and mastered the letters with their divine virtues, then whatever emotions and states of consciousness that you wish to manifest on the physical plane are possible, especially with the help of the beings of the five elements.

In the realm of emotion, the Undines, the beings of the element of Water, are ready and willing to help.

This is our area of expertise.

MIRACLES



Hahadu

**H.The divine virtues represented by the letters of the Cosmic Language,
A and umlaut A, ae..when combined with wisdom and occult faculties,
and**

transformation,

H.and experienced on every level, especially with deep EMOTIONS

A attracts a state of enlightenment

D that manifest loving new kingdoms of Heaven on Earth.

**U.The understanding of the karma involved in this process ensures that
only that which is for the highest good of all concerned is created.**

Miracles





Footnotes

**The names and meaning of angel groups come from Quaballah, which is
a
very ancient set of teachings which together form a common precursor,
or root, of three of the world's religions:
Judaism, Islam, and Christianity.**

**Each degree of the zodiac is ruled by a high being of the heavenly host
in the zone girdling the earth,
and the angels who work with him or her.**

**The being and the angels share the same name. This name is a key to
their powers and influence.**

**Names, phrases, and sections, in the angel messages are quoted or
paraphrased from the books of Franz Bardon.**

**Information of the heavenly hosts of the zone girdling the earth is
referenced from THE PRACTICE OF MAGICAL EVOCATION, ISBN 3-
921338-02-6, and Information of the divine virtues and the letters are
referenced from THE KEY TO THE TRUE QUABALLAH, ISBN 3-921338-
12-4].**

**Publisher is Dieter Rüggeberg, Wuppertal/W. Germany.
These books have very important information for these studies.**

The book " Initiation into Hermetics" ISBN 3-921338-01-8, is a preparatory book for the others.

Franz Bardon's last autobiographical book, "Frabato the Magician", gives historical background and was compiled by his German publisher from notes written by Franz Bardon.

Feel free to share these messages.

Home site:

www.spiritussanctus.com

free angel music, emotional healing videos, and painting lesson are found here.

Look for the PDF of the 8 page Trauma Clearing Form that goes with the two free hour and a half DVD's on on emotional healing on the website,

www.spiritussanctus.com. Feel free to share this information.

Please print this form out to use when facilitating a trauma clearing, or to

make available anyone who watches the 2 DVD's and who wishes to facilitate a trauma clearing.

This information on healing a trauma permanently in one session, with no recurring flashbacks or nightmares,

has been carefully researched over many years in clinical settings by licensed psychologists when treating veterans with PTSD.

It was formulated as an amalgam from many successful therapeutic models at the

PTSD clinic at the VA Medical Center in Tuskegee Alabama in the '90's by Dr. Paul Michael Schlosser, PhD.

The two free one hour and approx. 20 minute DVDs, done in 3D, that explain how to use the trauma healing form are important. You may download or view these, including the emotional trauma healing form, at www.spiritussanctus.com .

[There are also other free emotional healing handouts here you can download and print to help you understand emotional trauma healing.]

The trauma healing form is to be used to facilitate healing a current or past emotional trauma permanently in one session.

It contains 23 steps that a traumatized person is led through by a facilitator in approximately one to three hours to permanently heal a traumatic incident with no recurring flashbacks or nightmares.

The trauma clearing form itself and the dvd's explain each step of this form.

Please feel free to download, copy and share this information.

Thank you so much.

When one is helped, all are helped.

How to download free angel music for deep brainwave harmony in meditation

**On the homepage of website, www.spiritussanctus.com, click on the button at the top menu called SHARE MY WORK.
A window will drop down.
Click on Downloads.**

**A page will open where there are LOTS of downloads to choose from.
That should do it.**

Thanks for sharing this music and these messages.

The Law of One is the original law of Creation, and is the supreme Law over all laws in all dimensions.

THE LAW OF ONE

We are all one.

When one is harmed, all are harmed.

When one is helped, all are helped.

Therefore, in the name of who I AM,

and I am one with all there is;

I ask that ONLY THE HIGHEST GOOD OF ALL CONCERNED happen .

I give thanks that this is done.

**SO BE IT!
So it is.**

**<http://groups.yahoo.com/group/SpiritusAngelMessages>
<http://groups.yahoo.com/group/lovingpurelove>**